

A combined musculoskeletal and finite element modelling approach



Outline

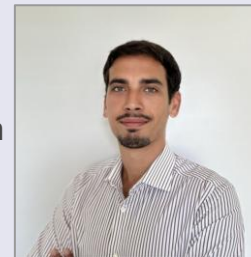
- Introduction to the AnyBody Modeling System
- Presentation
- Foot model updates in AMMR4
- Question and answer session

Presenter and panelists

Sami Al Shweiki, MSc | ETH Zurich, Khalifa University

Institute for Biomechanics, ETH Zurich

Department of Mechanical and Nuclear Engineering, Khalifa University



Marwan El-Rich, PhD, Associate Professor | Khalifa University

Department of Mechanical and Nuclear Engineering, Khalifa University



Host

Divyaksh S. Chander

Biomechanical Specialist

AnyBody Technology

dsc@anybodytech.com



Outlin

- Int

System



Presenter and panelists

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Khalifa University**

Institute for Biomechanics, ETH Zurich

Department of Mechanical and
Nuclear Engineering, Khalifa
University



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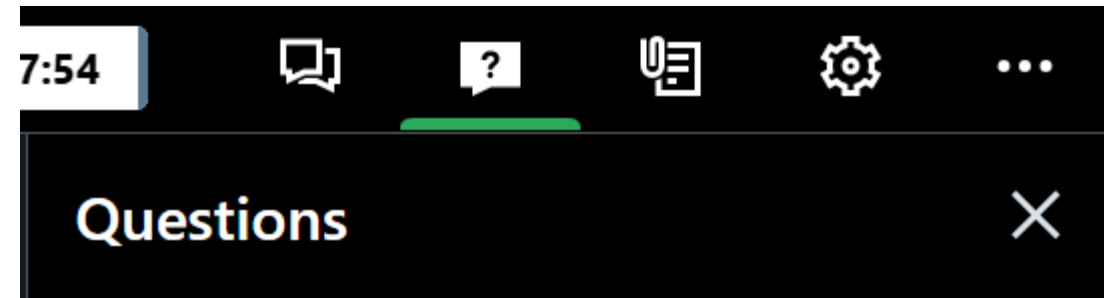


Control Panel

The Control Panel appears on the **top-right** side of your screen.

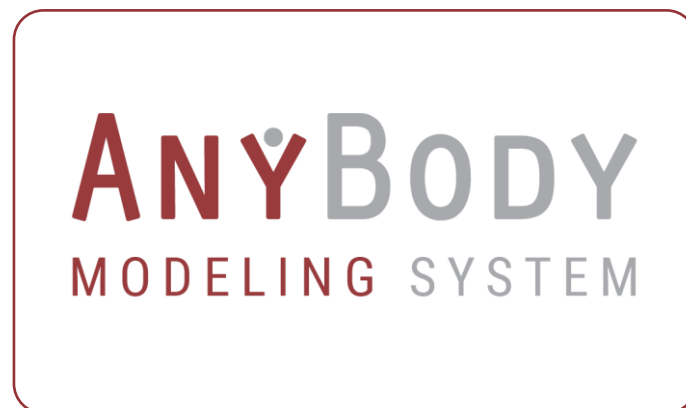
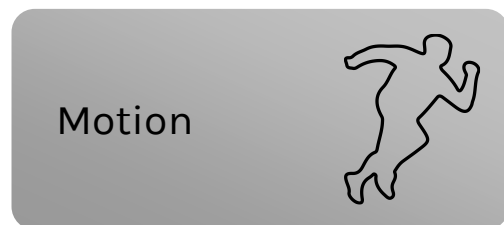
Submit questions and comments via the Questions panel.

Questions will be addressed at the end of the presentation. If your question is not addressed, we will do so by email.



Musculoskeletal simulations

INPUT • Motion data



OUTPUT • Internal Body Loads

Joint reaction forces

Muscle forces

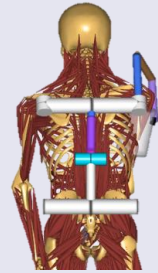
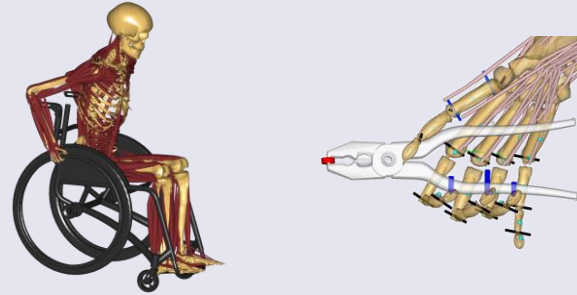
Muscle activity

Metabolic energy + fatigue



Motion
analysis

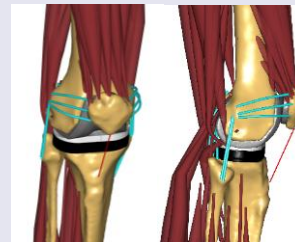
Product design
and optimization



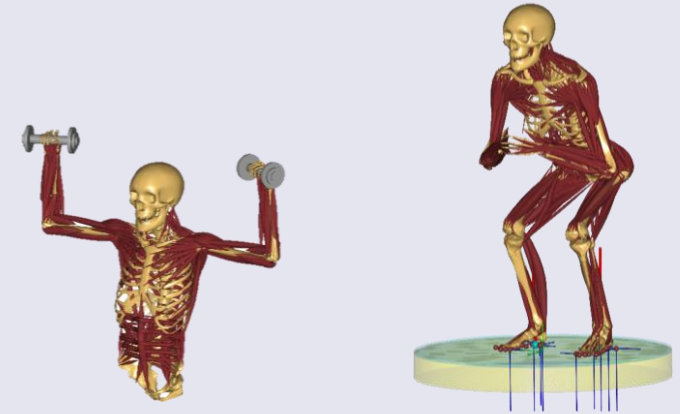
Ergonomics
with/without
exoskeletons



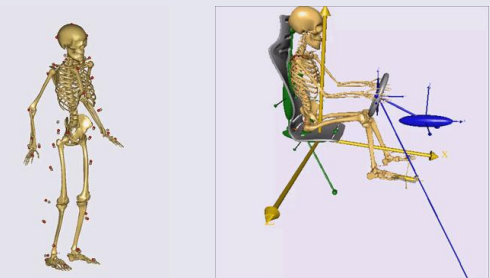
ANYBODY
MODELING SYSTEM



Orthopedics
and
Rehabilitation

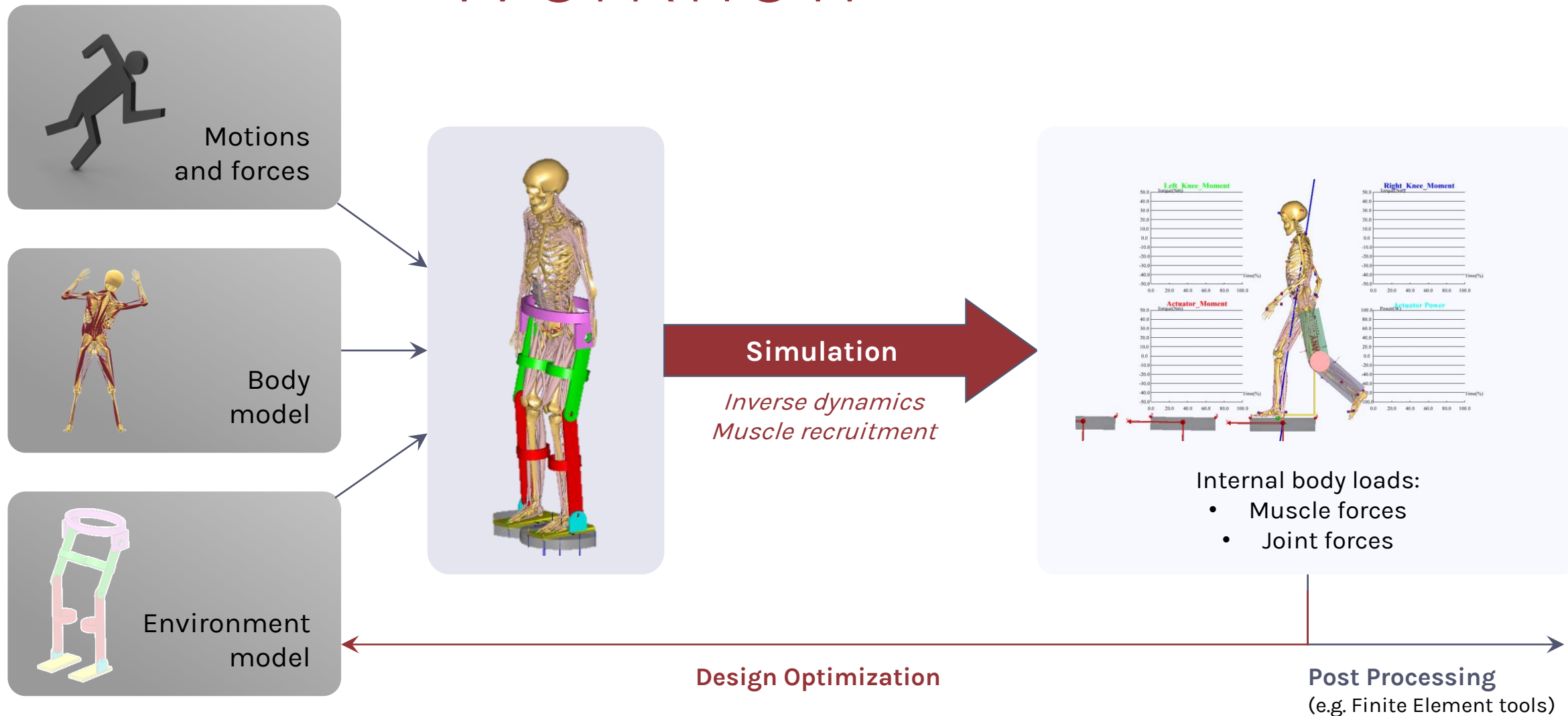


Sports



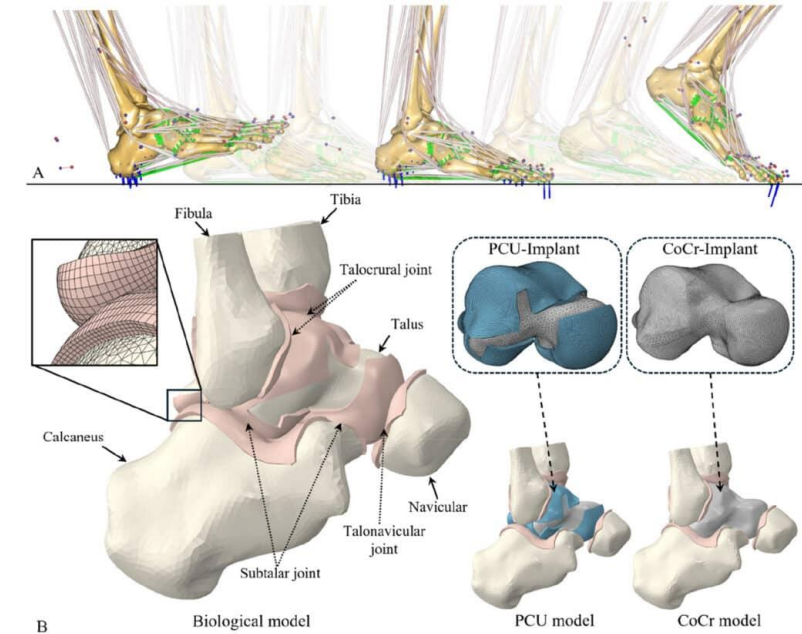
Automotive

Workflow



Evaluation of a universal talus implant during gait

A combined musculoskeletal and finite element modelling approach



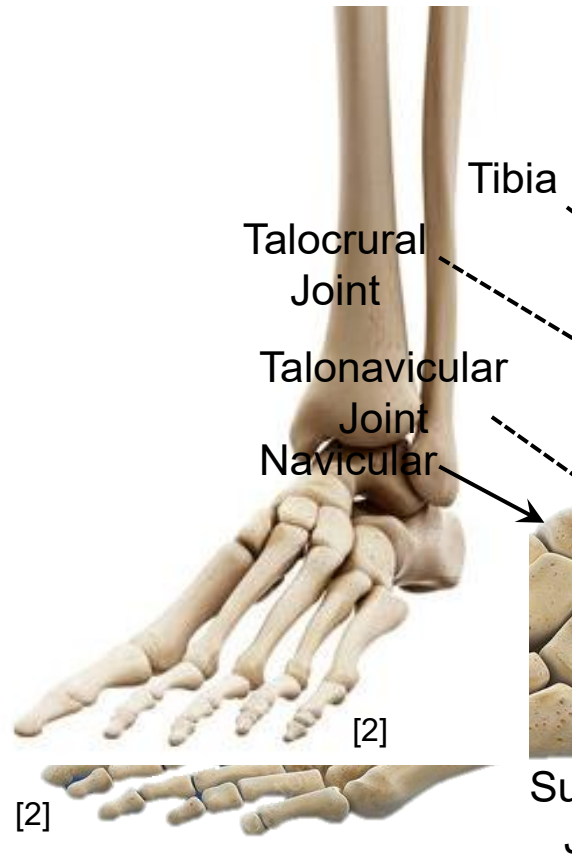


Evaluation of a Universal Talus Implant during Gait: a Combined Musculoskeletal and Finite Element Modelling Approach

A presentation of our published work in Journal of the Mechanical Behavior of Biomedical Materials, 2025

Sami Al Shweiki, Stephen J. Ferguson, Ahmed H. Hafez, Naod T. Mogos, Tao Liu, Marwan El-Rich

Introduction & Motivation – The Ankle Complex

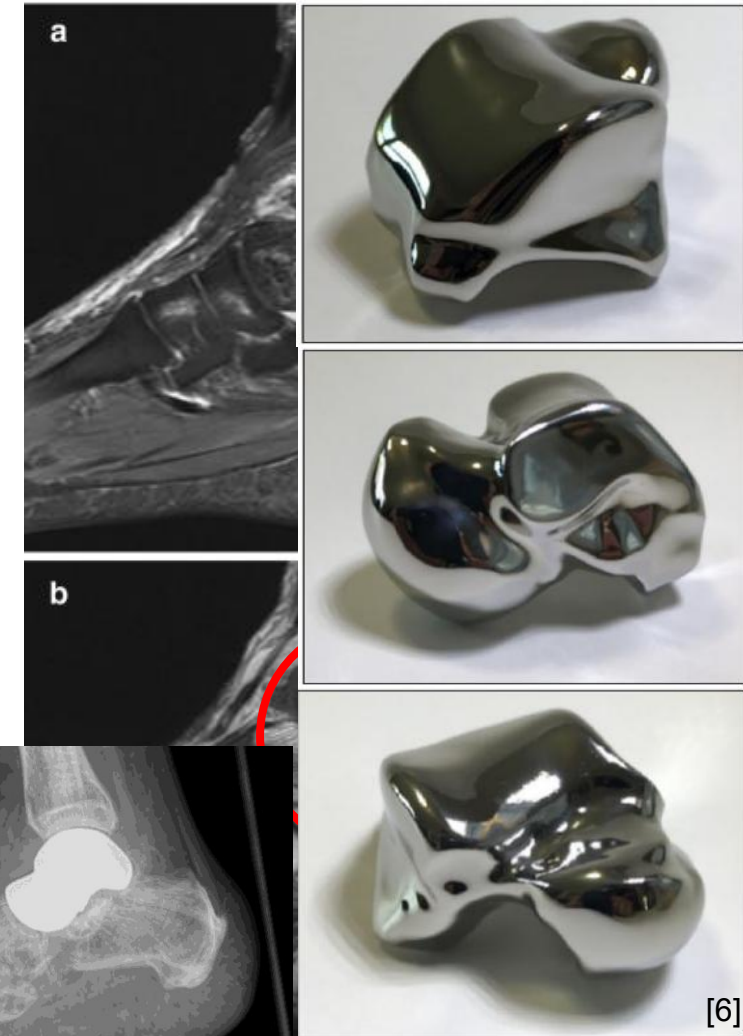
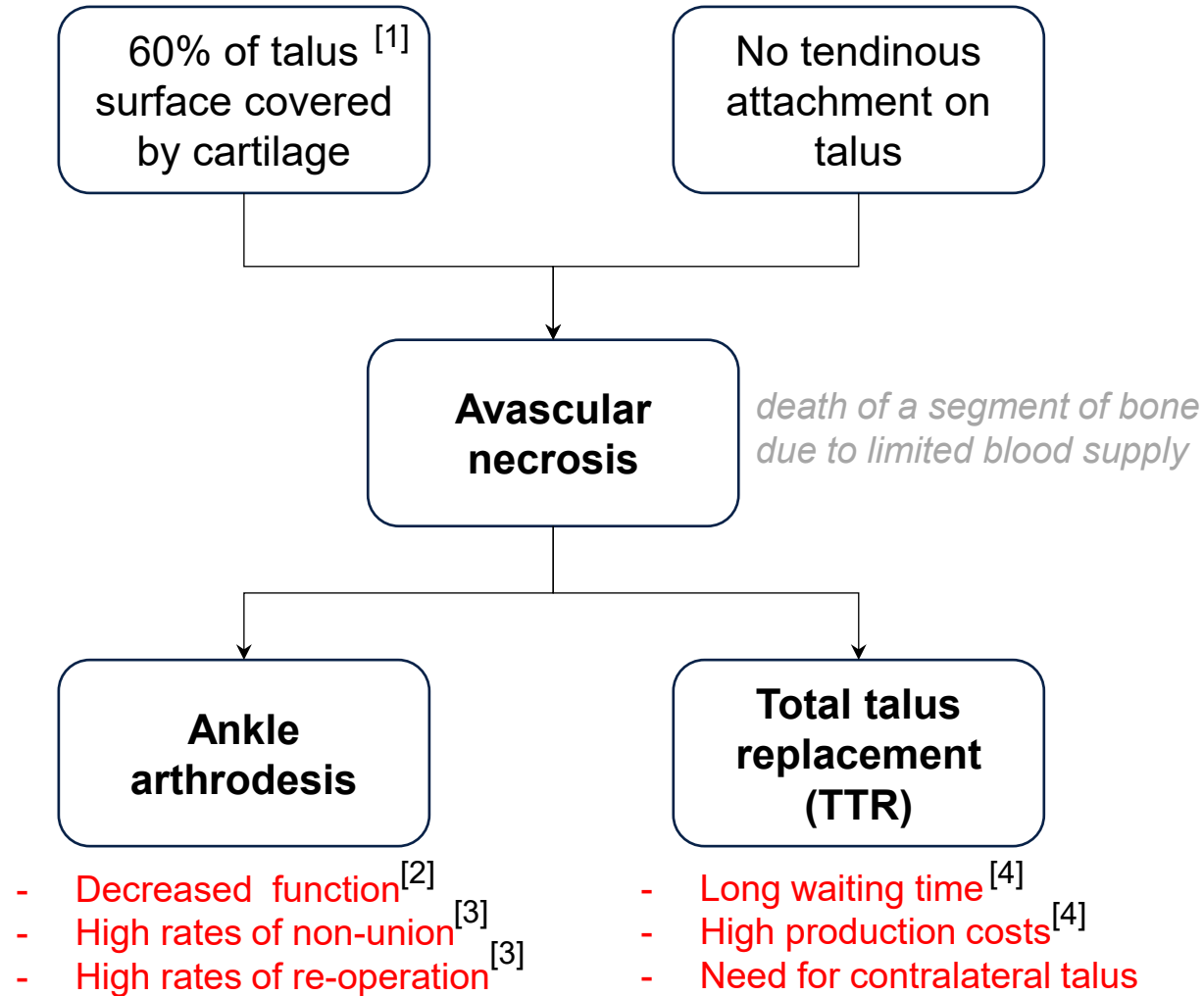


Talus bone



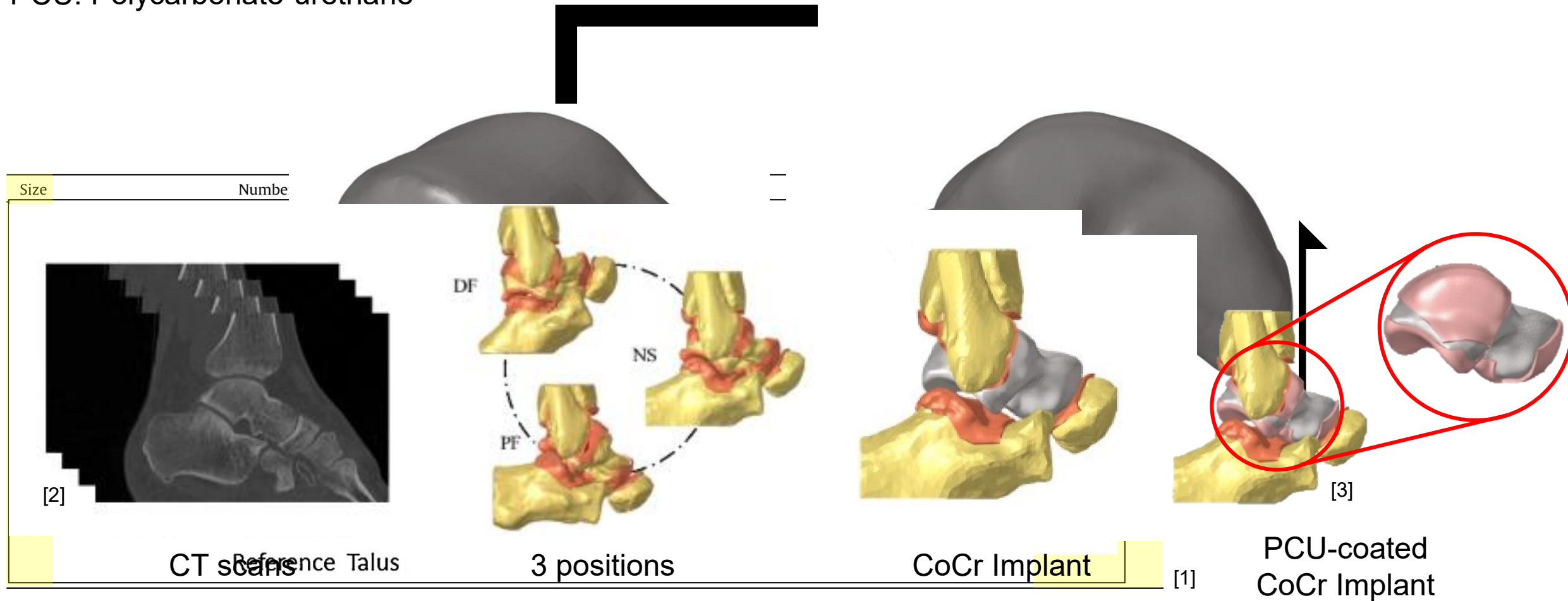
Introduction & Motivation – Talar AVN and Treatments

[5]

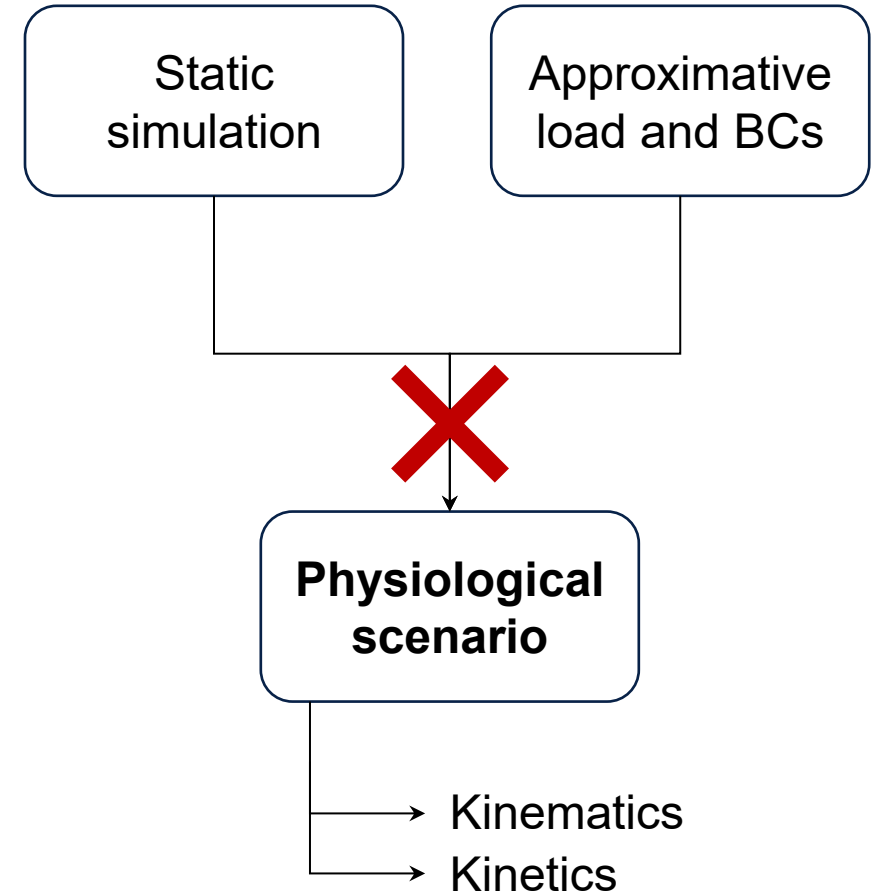
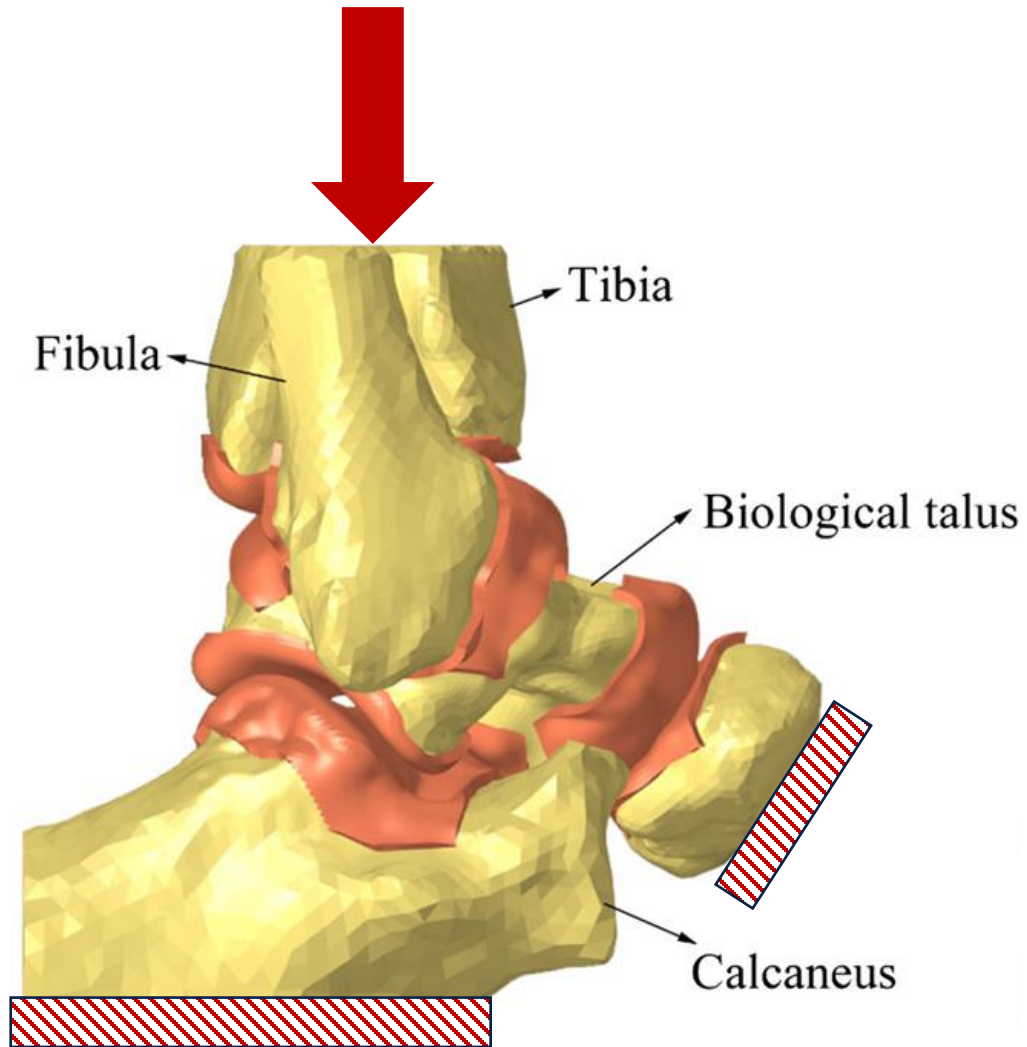


Introduction & Motivation – Universal TTR

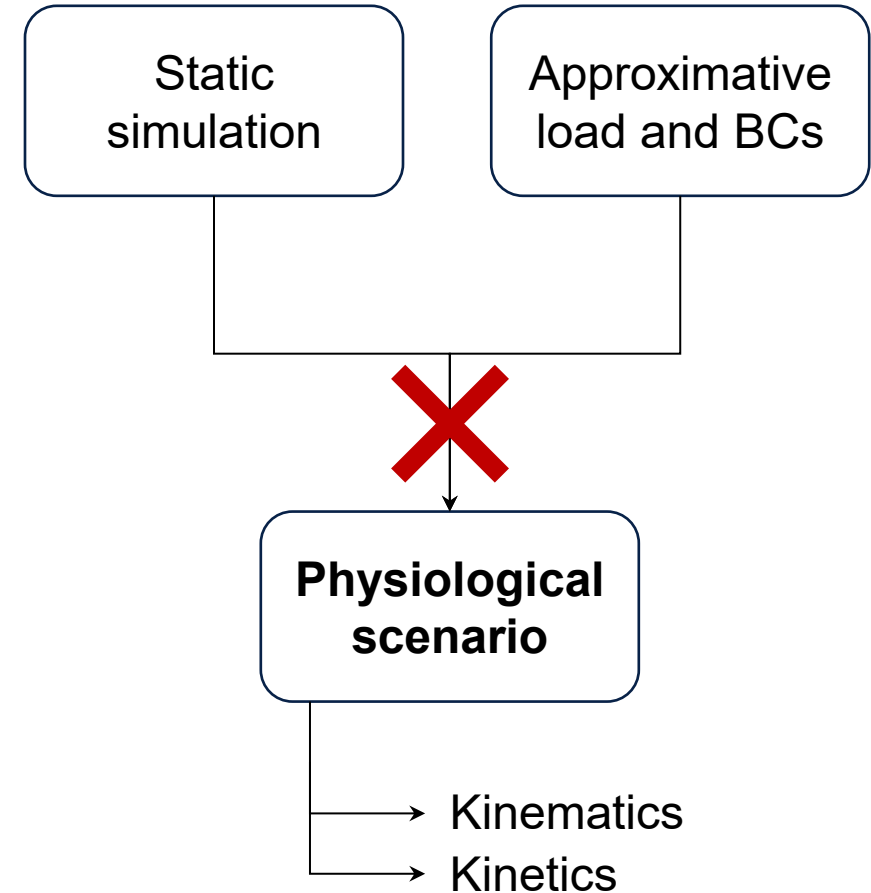
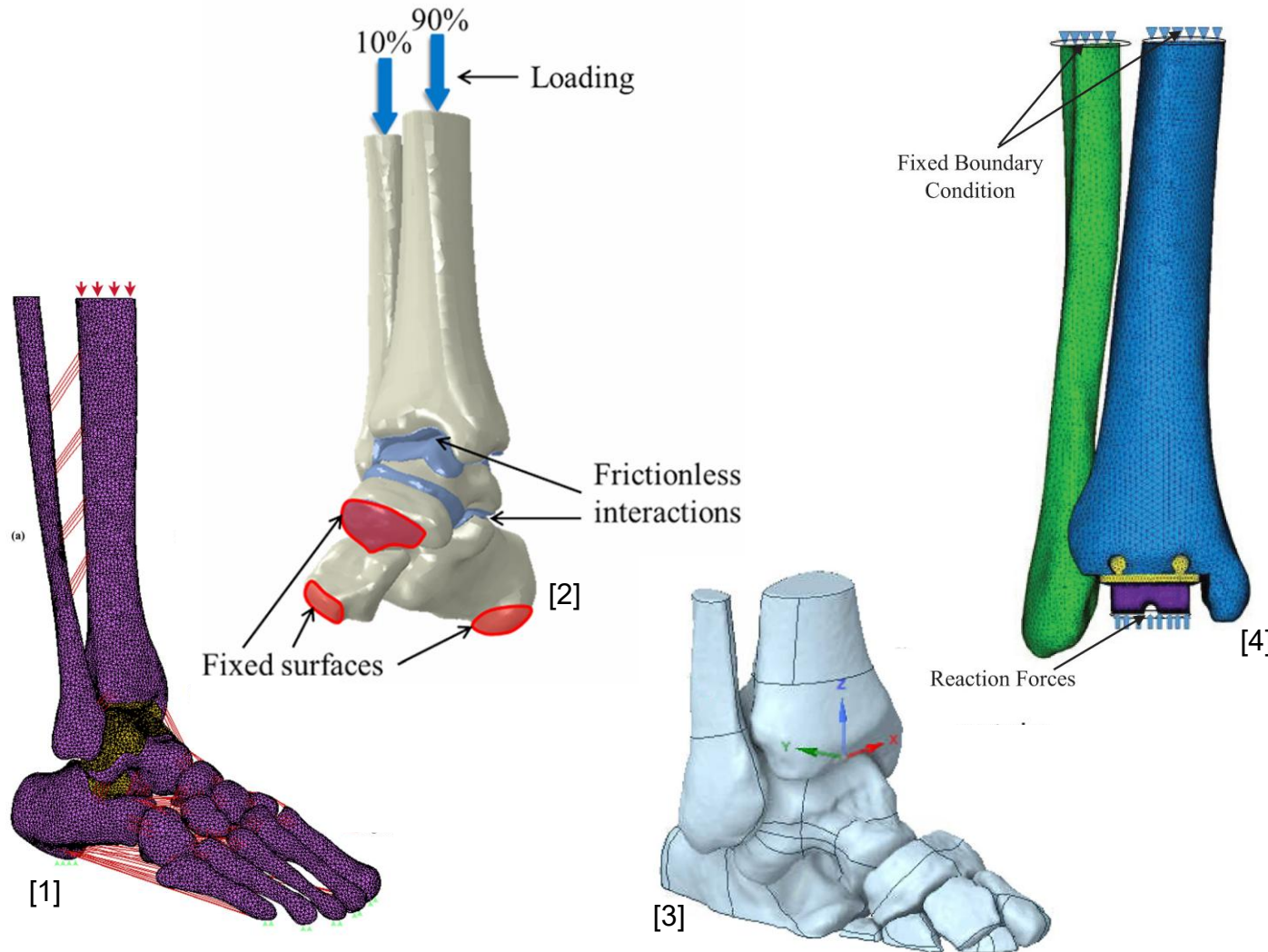
CoCr: Chobalt-chromium
PCU: Polycarbonate-urethane



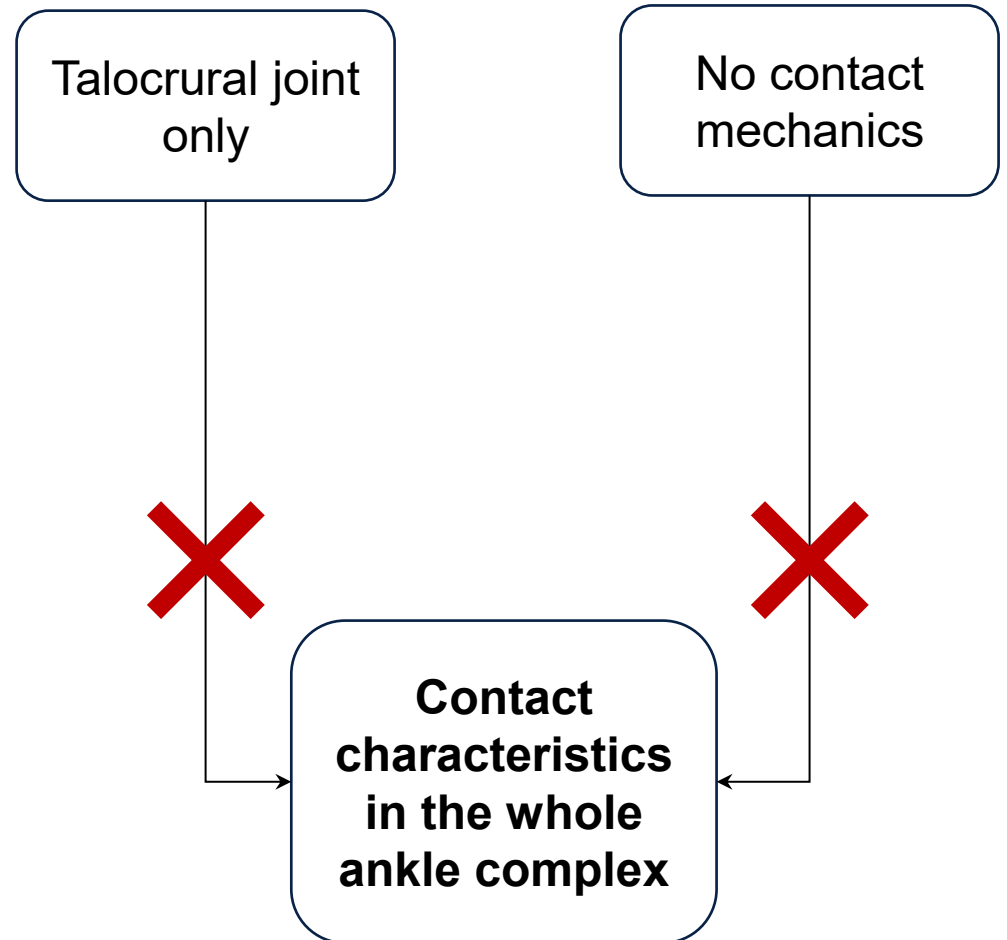
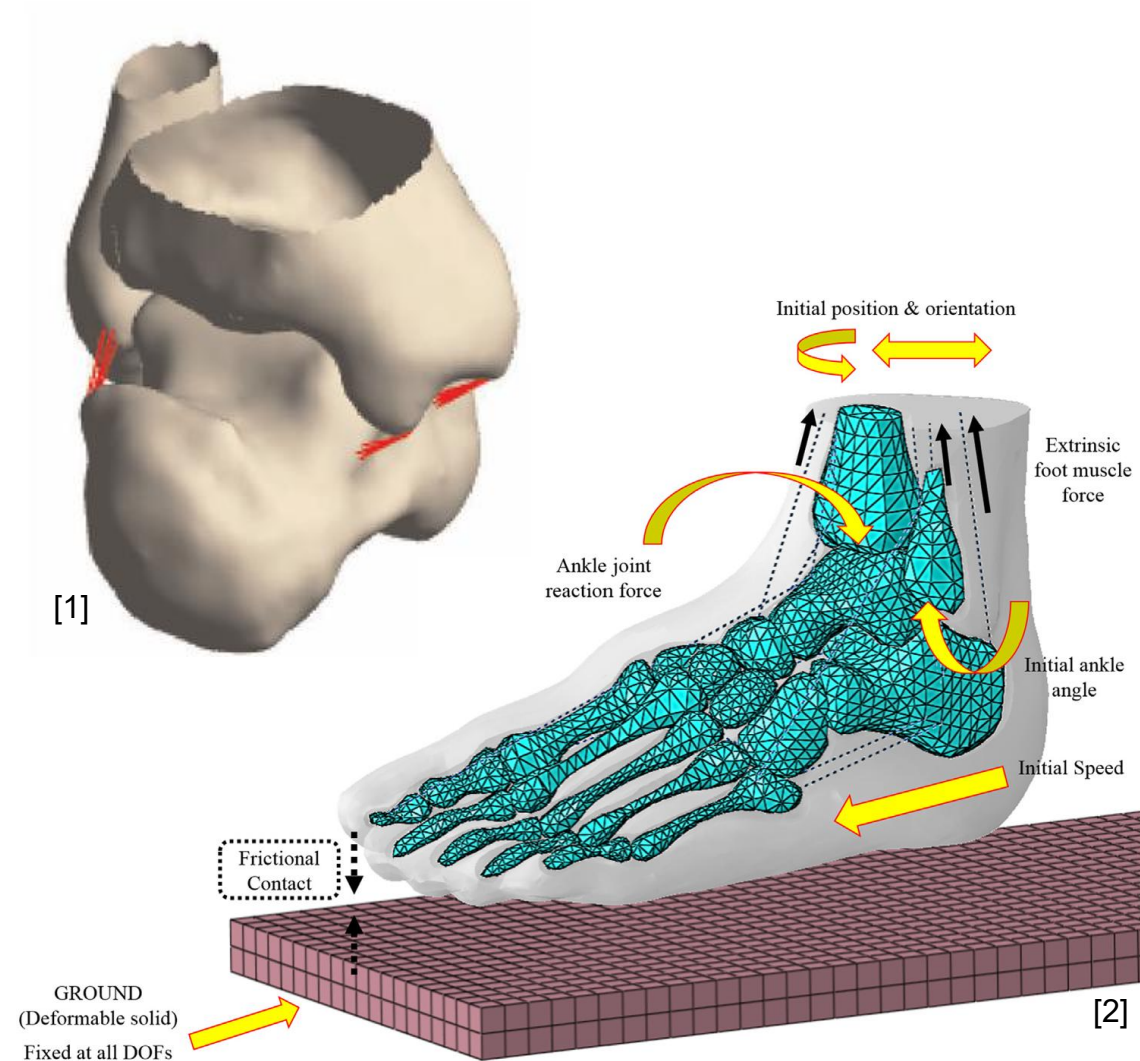
Introduction & Motivation – Simulation Scenario



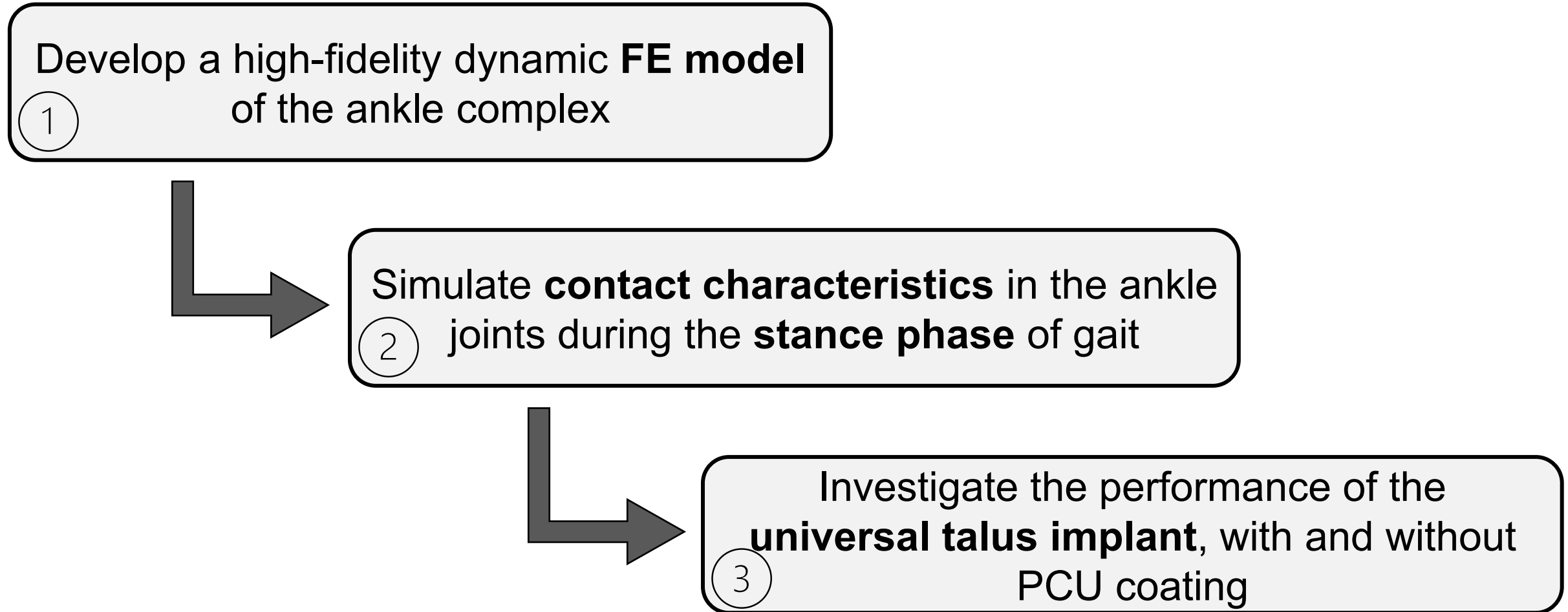
Introduction & Motivation – Literature, Static Models



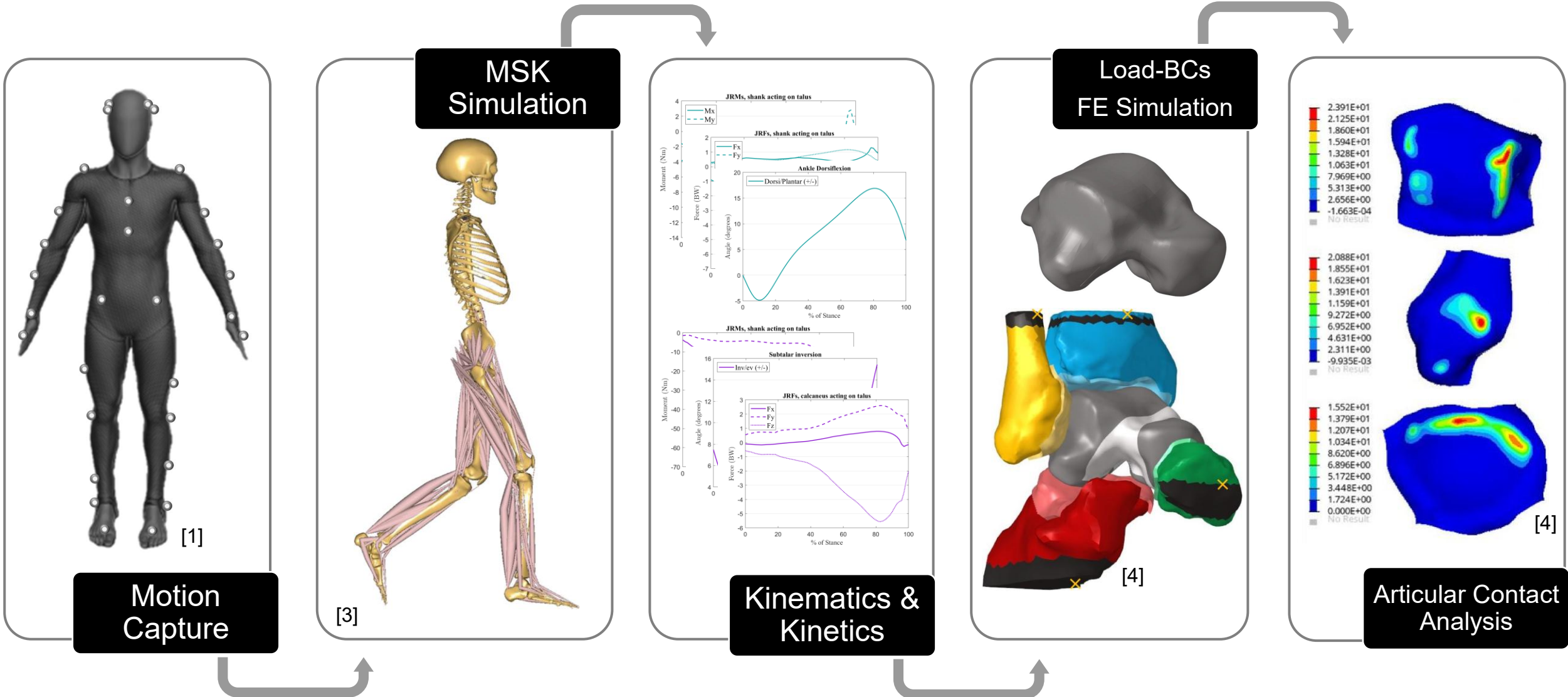
Introduction & Motivation – Literature, Dynamic Models



Aim of the Study & Research Question



General Pipeline – Combined MSK-FE Approach

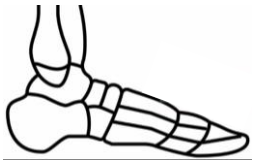


Requirements & Challenges



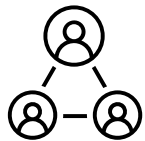
MSK Ankle Complex
Precision

All joints surrounding the talus need
to be modelled



FE Model Bone
Geometries

Where to obtain the bone
geometries to build the FE model?

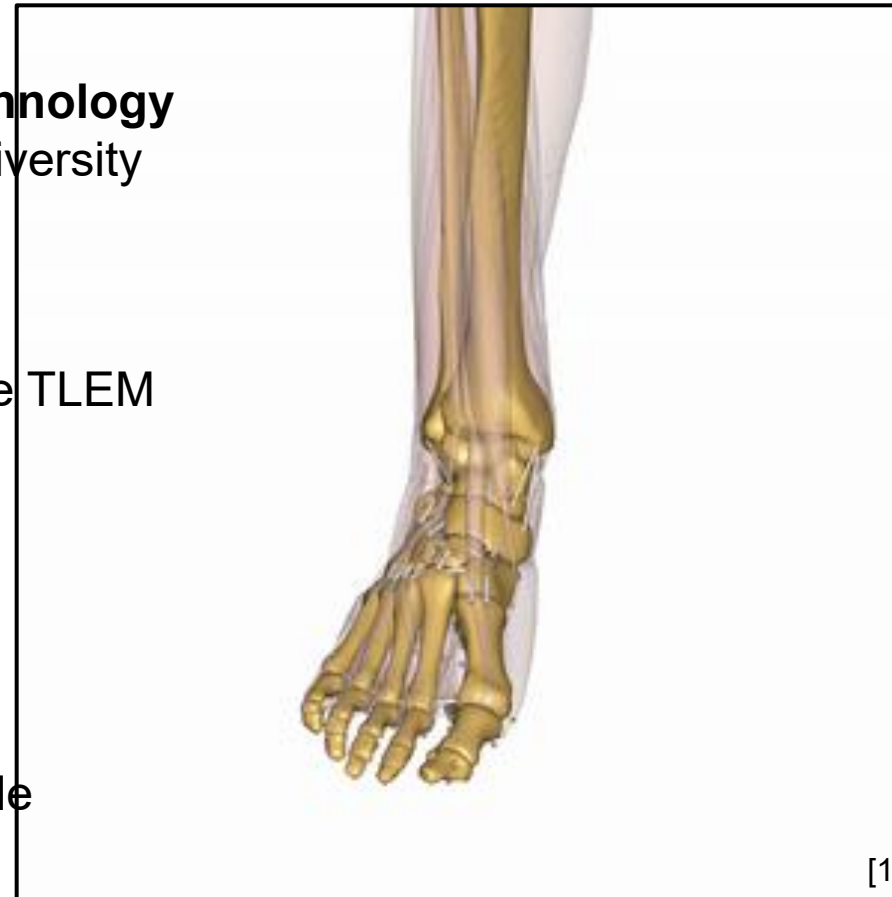


Consistency Across
Domains

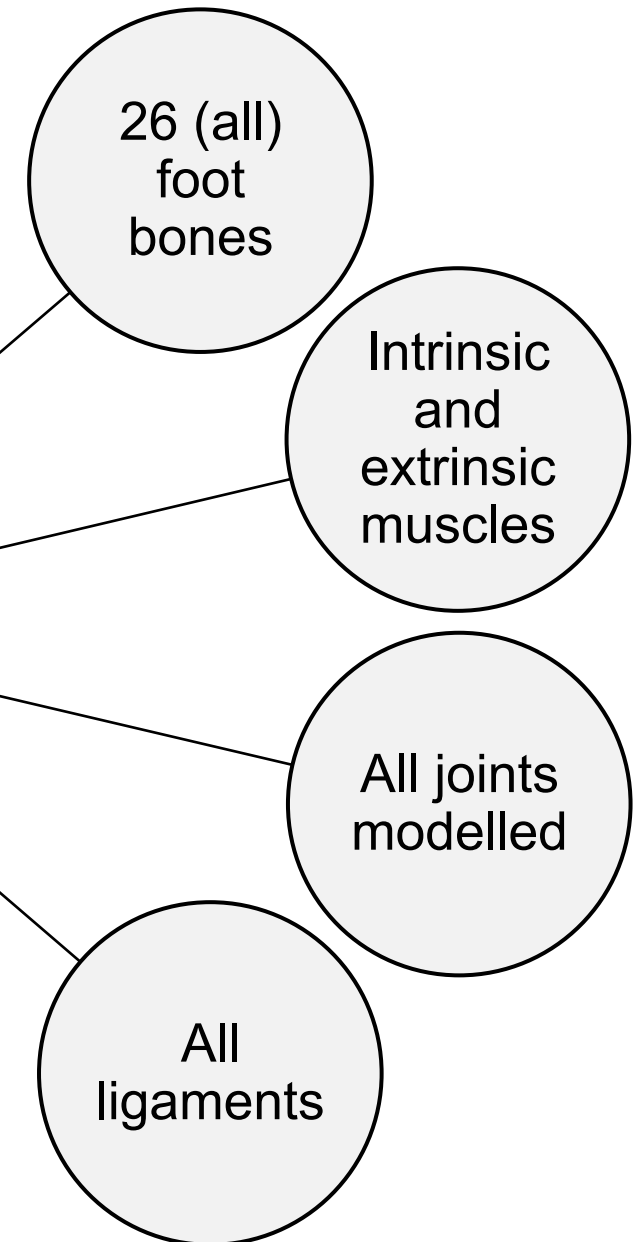
Motion capture data, MSK model
and FE model should be based on
the same subject

Methods – MSK Model

- Developed by **AnyBody Technology** with Glasgow Caledonian University and University of Maastricht
- Works in combination with the TLEM 2.1 lower extremity model.
- **Open source** in GitHub
- Example applications available

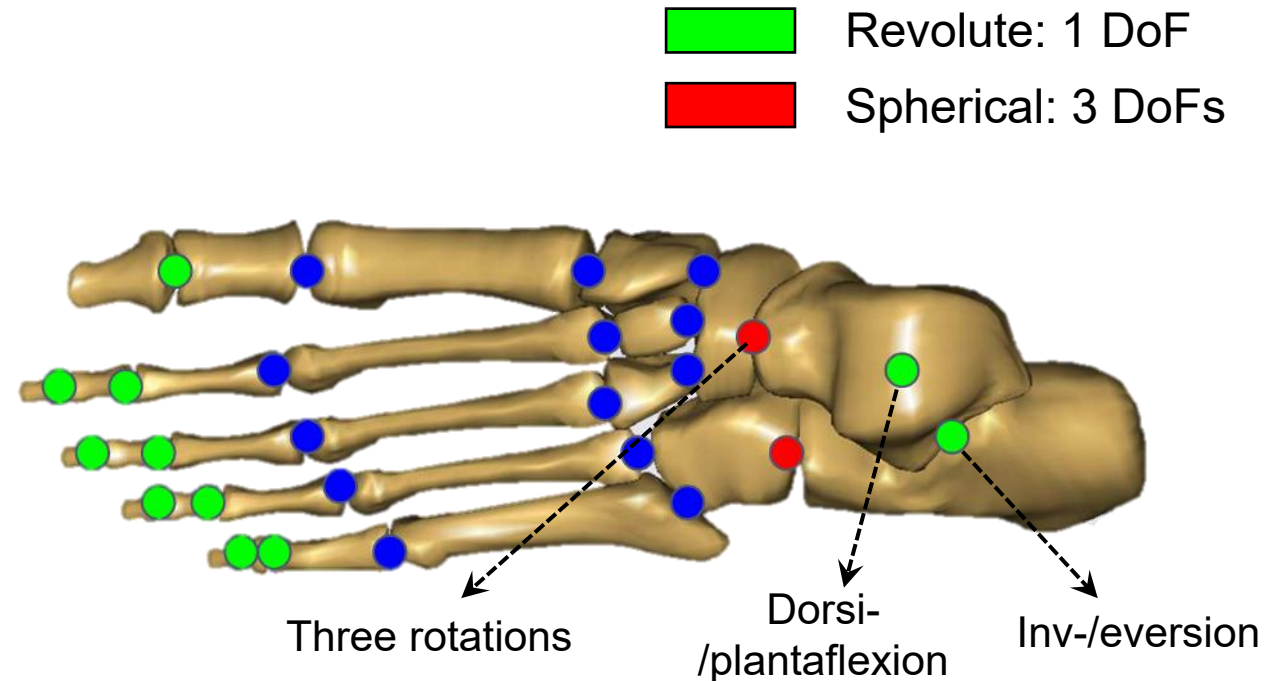
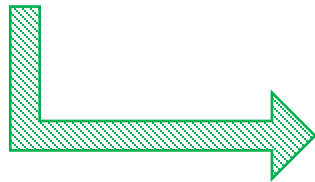


GM Foot Model



Methods – MSK Model & Input Data

- Developed by **AnyBody Technology** with Glasgow Caledonian University and University of Maastricht
- Works in combination with the TLEM 2.1 lower extremity model.
- **Open source** in GitHub
- Example applications available



gm-foot / Application / Plug-in-gait_Simple / Input /

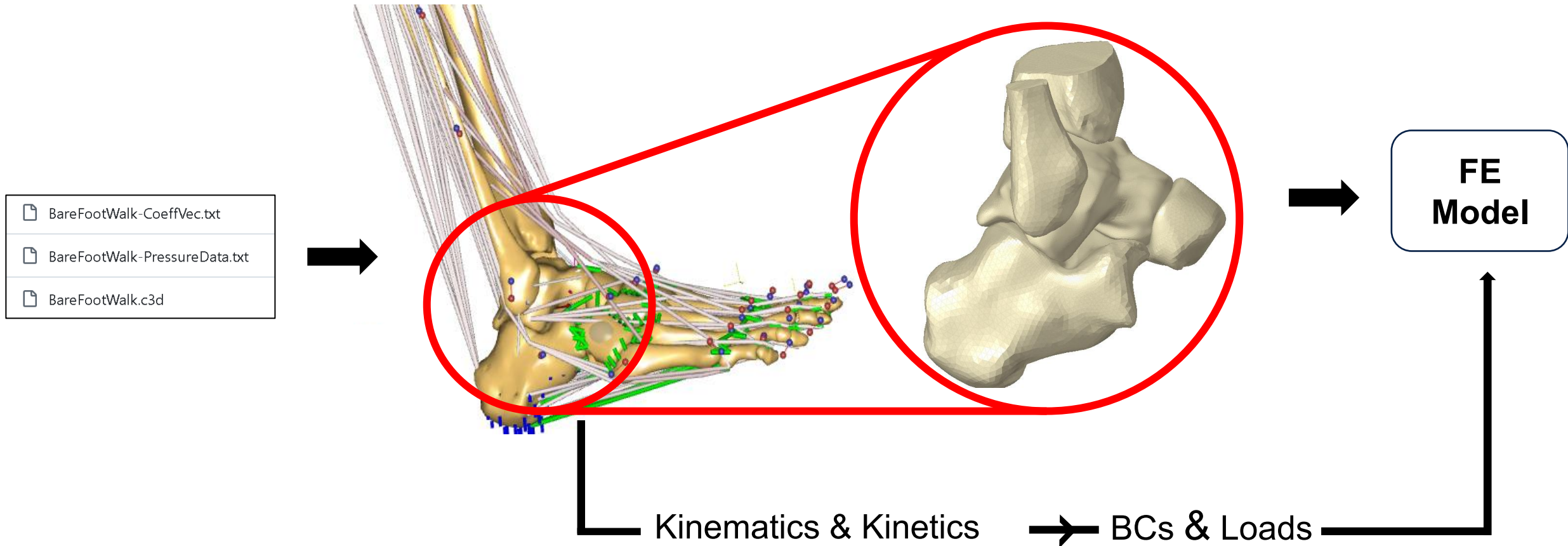
toerholm and melund Update GM Foot model		ba5a821 · 5 years ago	History
Name	Last commit message	Subject (M):	
..		• H: 1.80 m	
BareFootWalk-CoeffVec.txt	Update GM Foot model	• W: 76 kg	
BareFootWalk-PressureData.txt	Update GM Foot model		
BareFootWalk.c3d	Update GM Foot model		

Specific Pipeline – Combined MSK-FE Approach

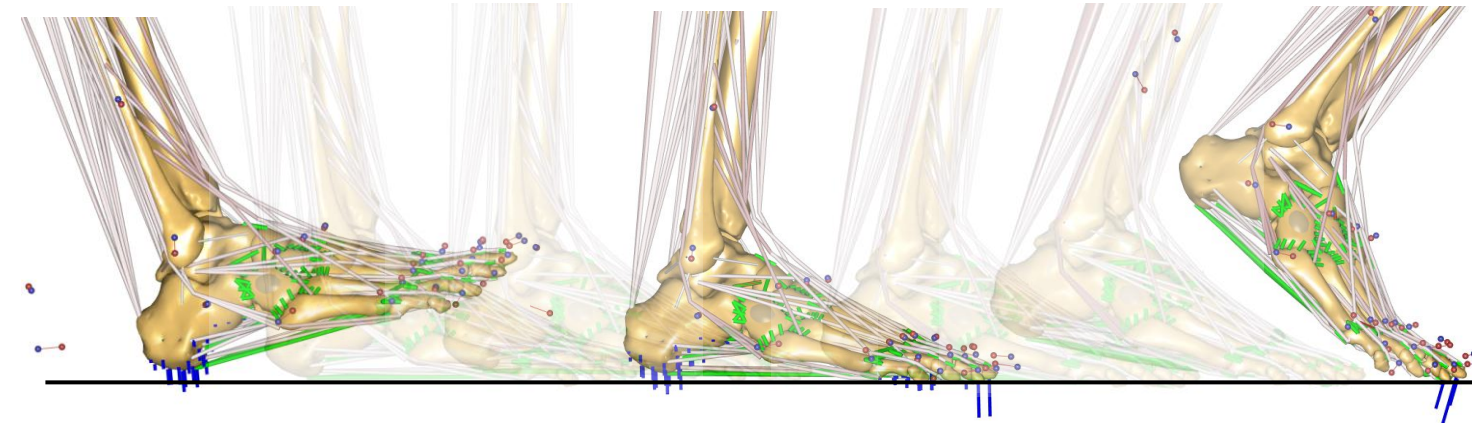
Gait Data

MSK Simulation

Bone Geometries

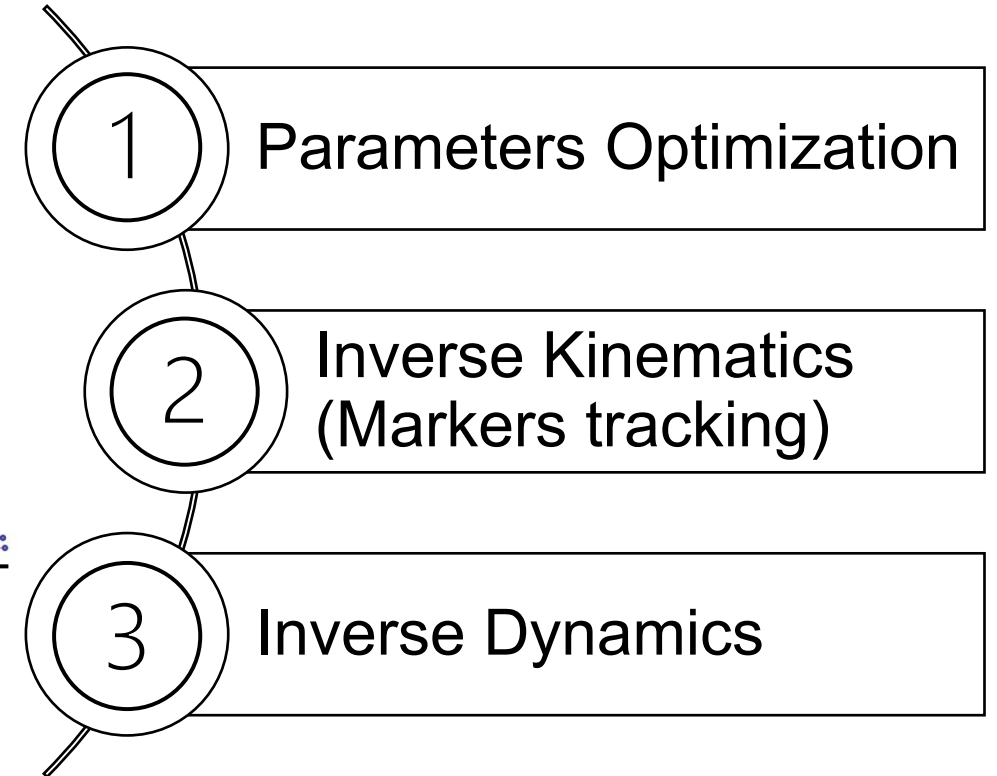


Methods – MSK Simulation

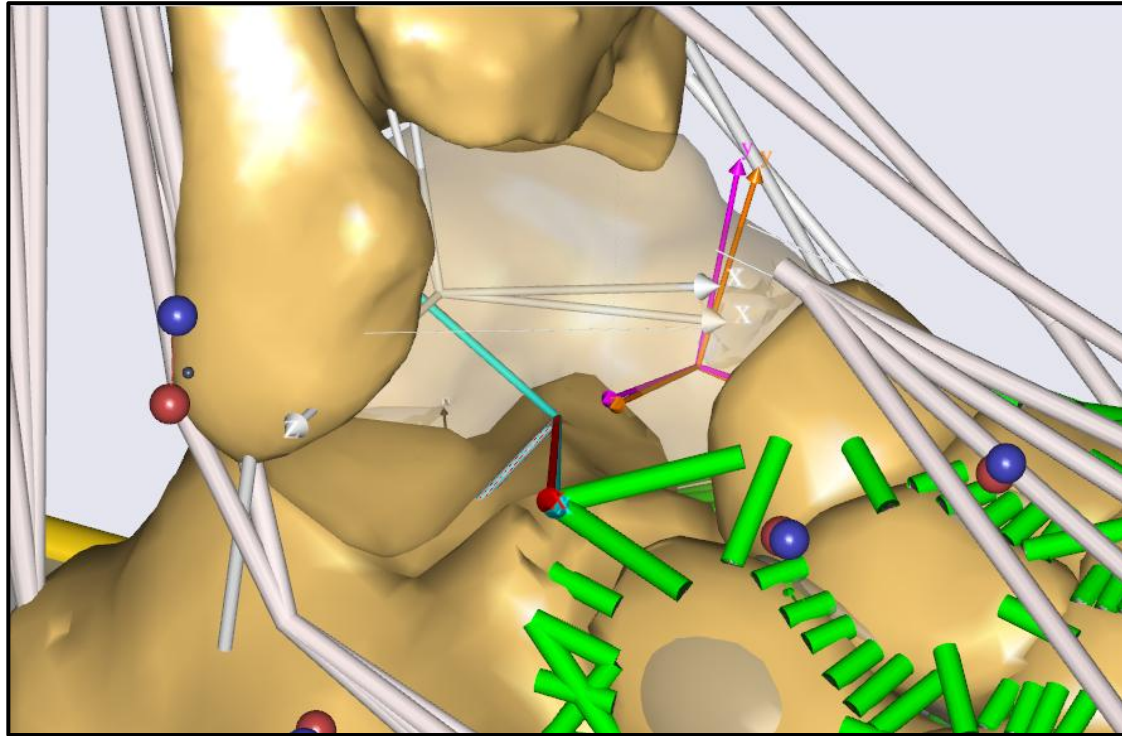


Simulation: $t = 0.5948\text{s}$ (stance phase)

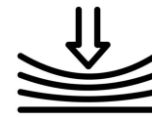
- Heel-strike to Toe-off



Methods – MSK Simulation Outcome



	X	Y	Z	Rx	Ry	Rz
Talocrural (Ti-Fi) Joint						
Sublantar joint						
Talonavicular joint						



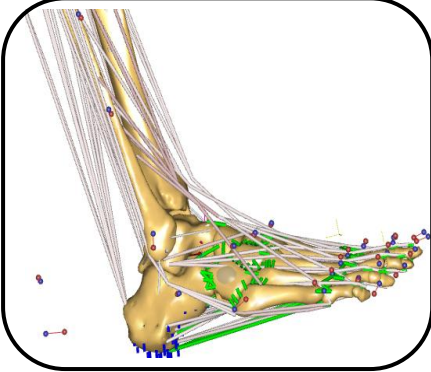
JRF: Force/moment of one bone acting on the adjacent due to contact



Kinematic rotation

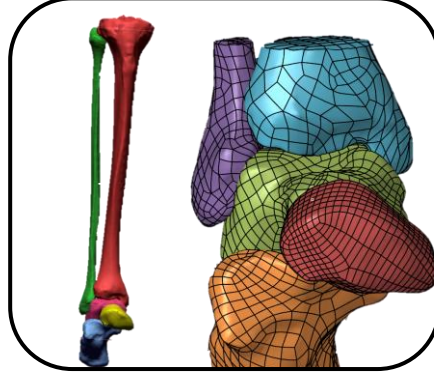
Methods – FE Model: Model Construction

AnyBody



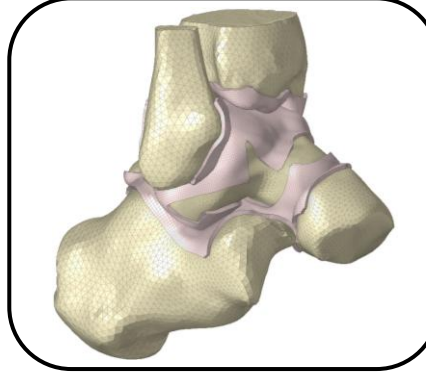
- **Bone geometries** at time step 0 (heel-strike) exported as **.stl**

Surfaces Edit

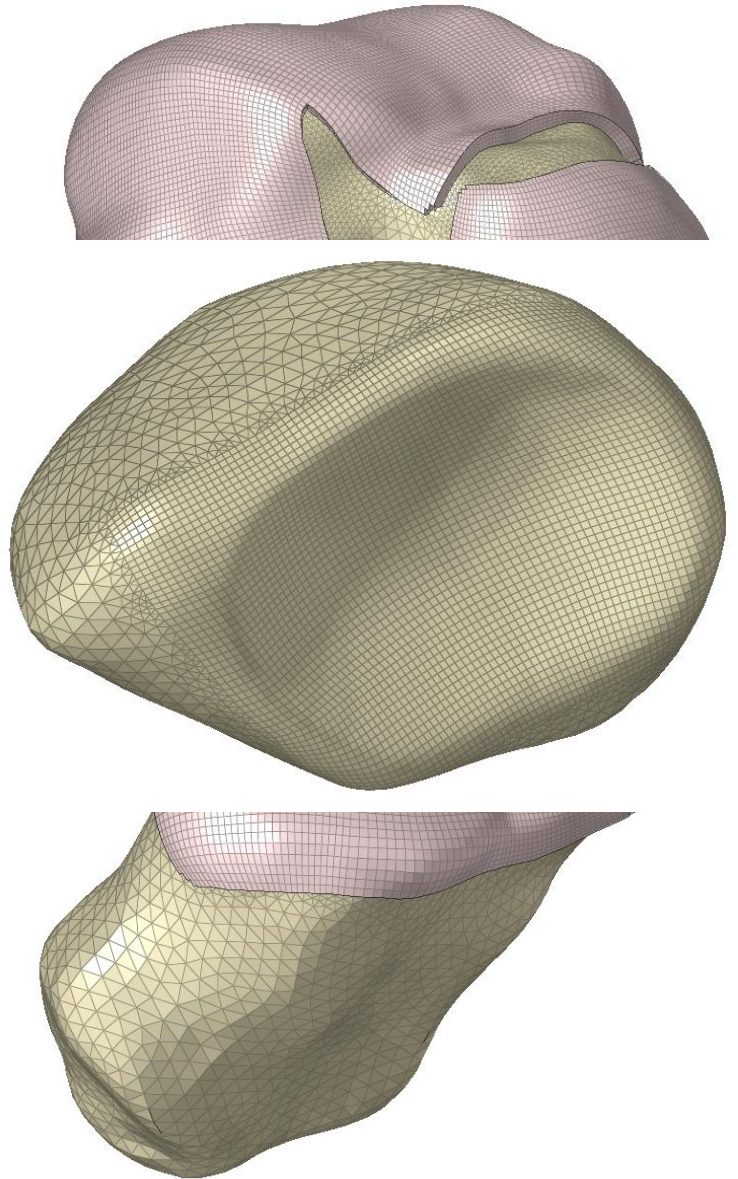


- Holes filling
- Smoothing
- Tibia & fibula **sectioned**
- Surface generation
- Exported as **.igs**

HyperMesh

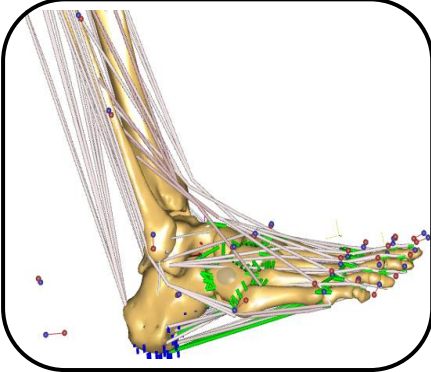


- «Split surf-node»
- Bone: **S3**
- Subchondral bone: **S4**
- «3D elem offset»
- Cartilage: **C3D8**
 - **4 layers**
 - **1.5 mm**
- S4 size: 0.4mm
- S3 size: up to 2mm
- Exported as **.inp**



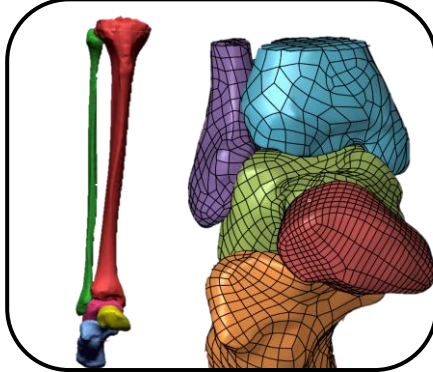
Methods – FE Model: Model Construction

AnyBody



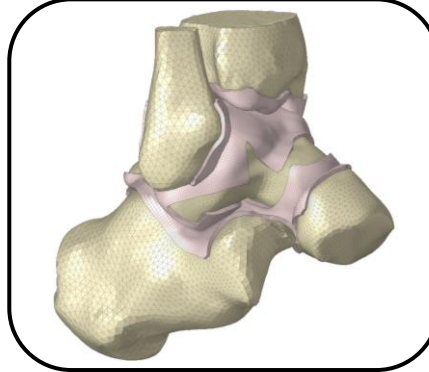
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Surfaces Edit



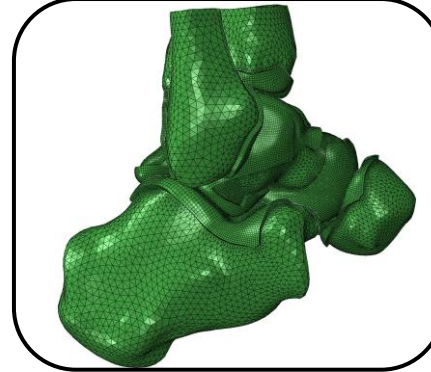
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HyperMesh



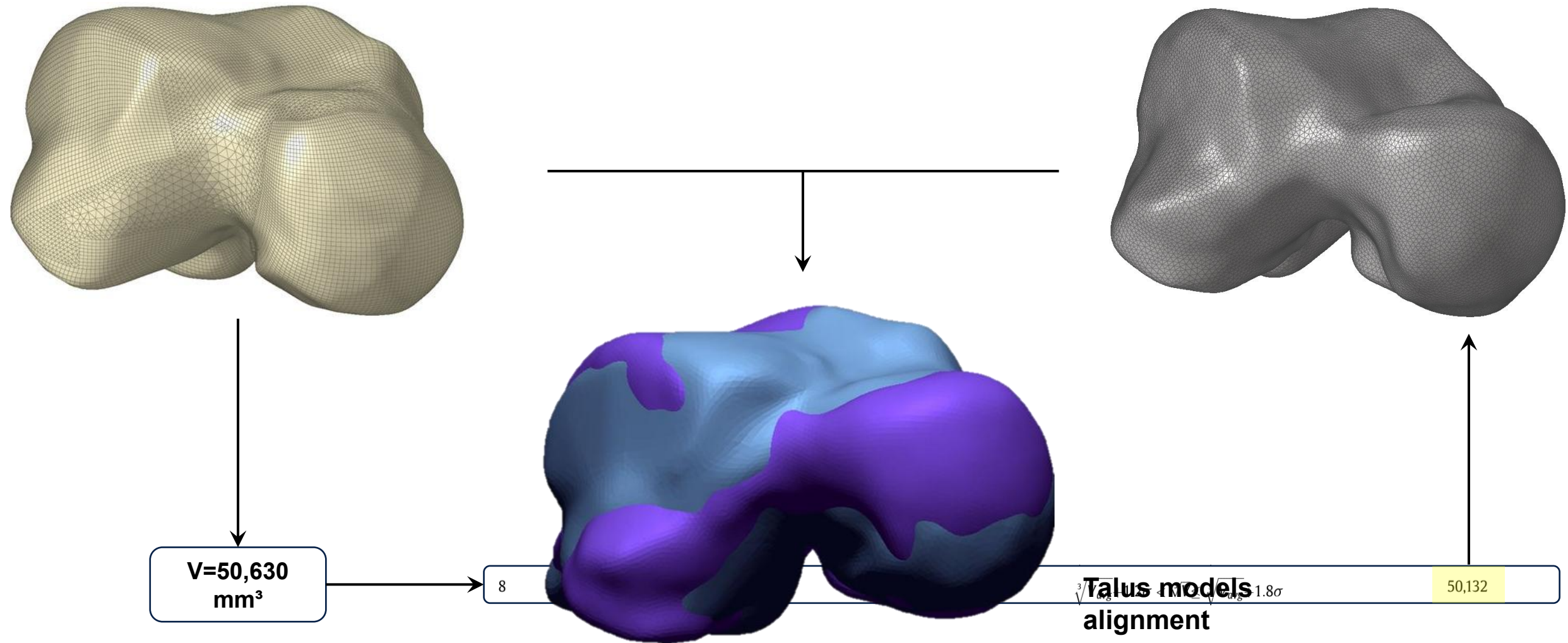
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 - **4 layers**
 - **1.5 mm**
- S4 size: 0.4mm
- S3 size: up to 2mm
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Abaqus

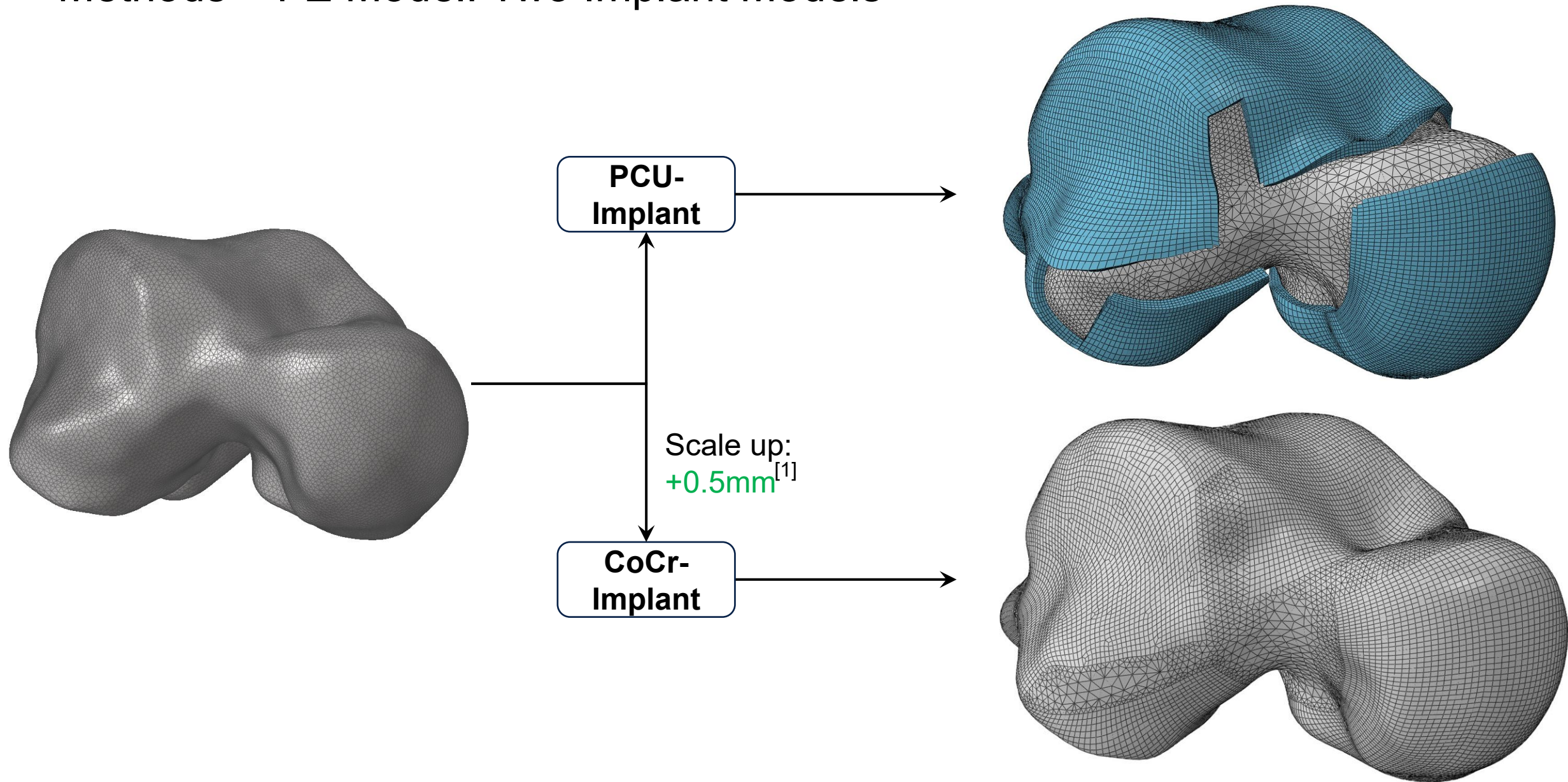


- Material properties
- Contact definition
- Shell thickness
- Interactions
- Constraints
- BCs
- Loads
- Steps

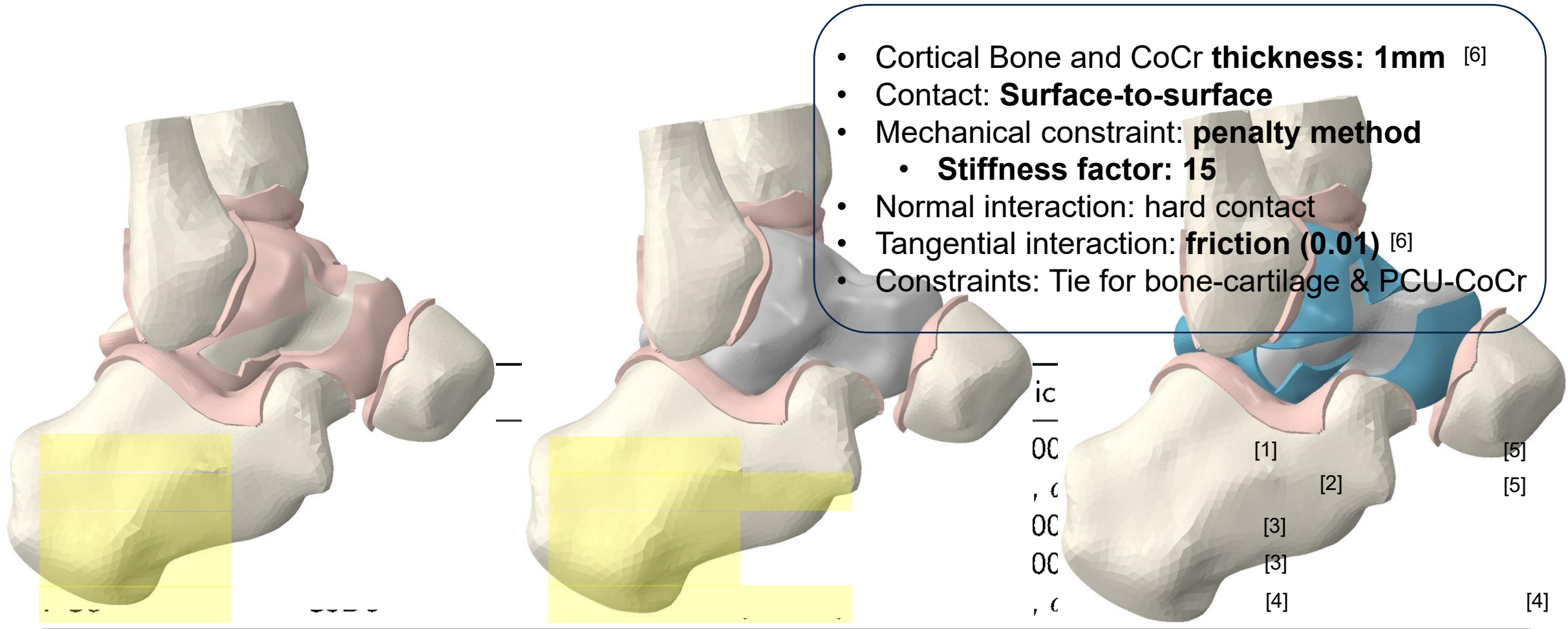
Methods – FE Model: Talus Implant Size Selection



Methods – FE Model: Two Implant Models



Methods – FE Model: Material Properties & Model Set-up



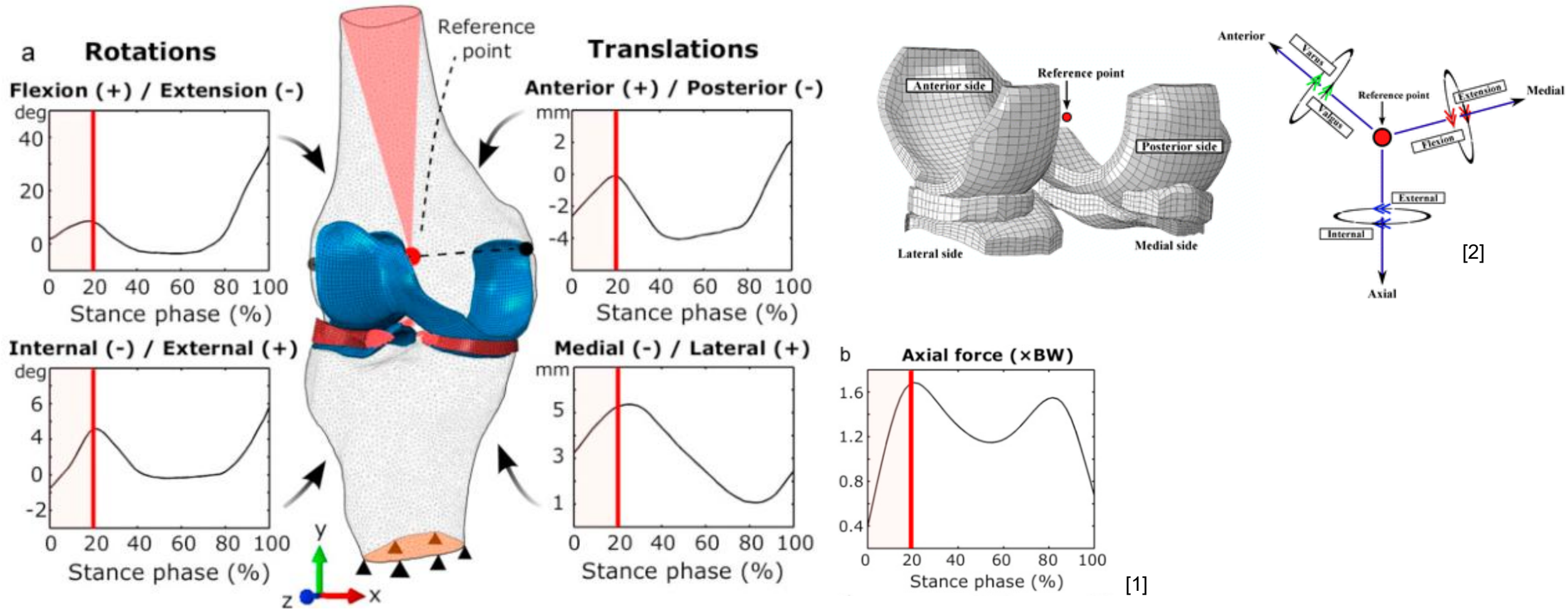
Biological Model

CoCr Model

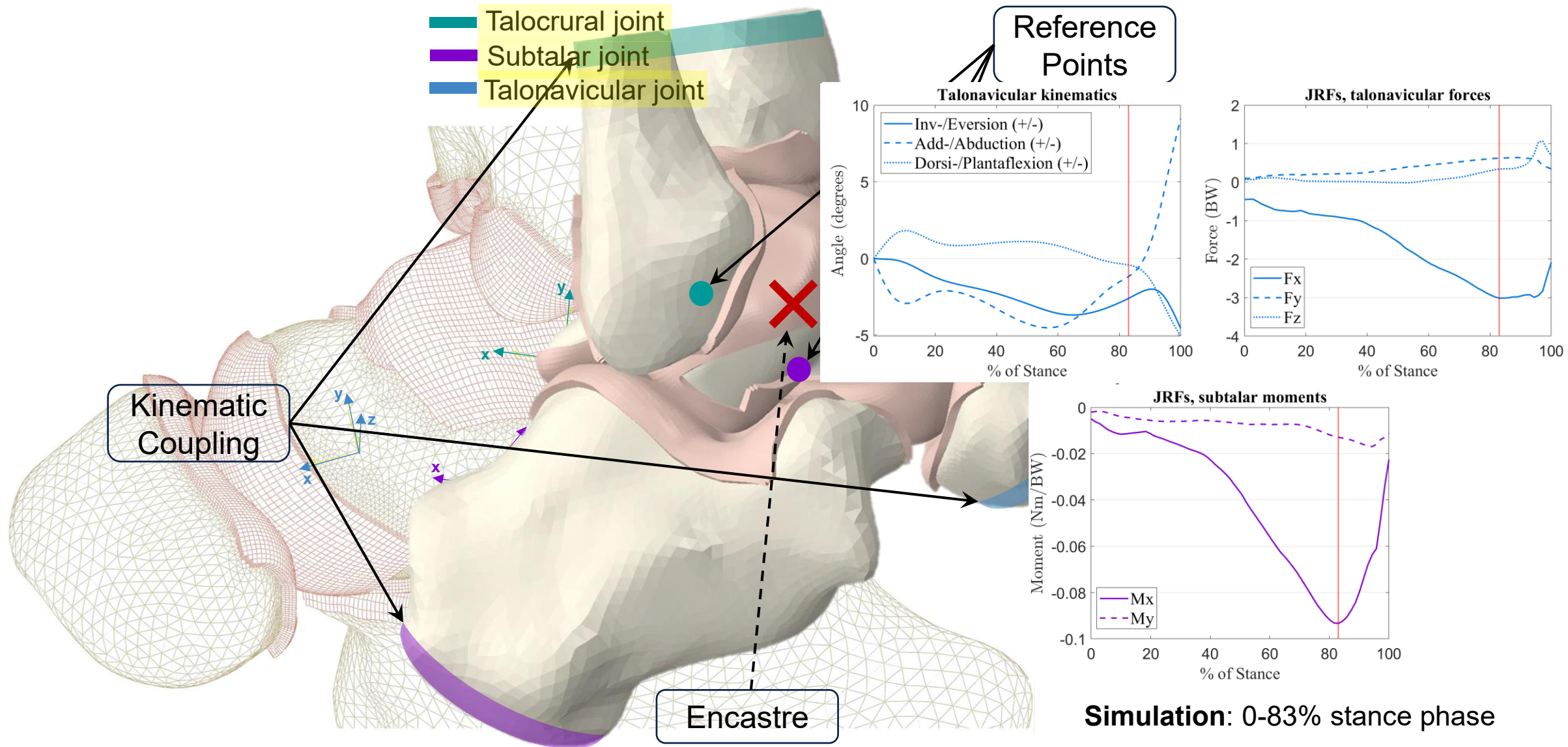
PCU Model

1. Mondal and Ghosh (2019). *Proceedings of the Institution of Mechanical Engineers, Part H*. 2010;233(3):318-331.
2. Brown et al. (2009). *Proc. Inst. Mech. Eng. H*, 223 (2009), pp. 643-652.
3. Al Jabbari (2014). *J. Adv. Prosthodont.*, 6 (2014), pp. 138-145.
4. DSM Corp (2021). <https://www.dsm.com/corporate/home.html>
5. Erbulut et al (2021). *Journal of Biomechanical Engineering*, Vol. 143 / 101006-1
6. Liu et al. (2023). *J Mech Behav Biomed Mater*. 2022 Jan;125:104936.. Epub 2021 Oct 28.

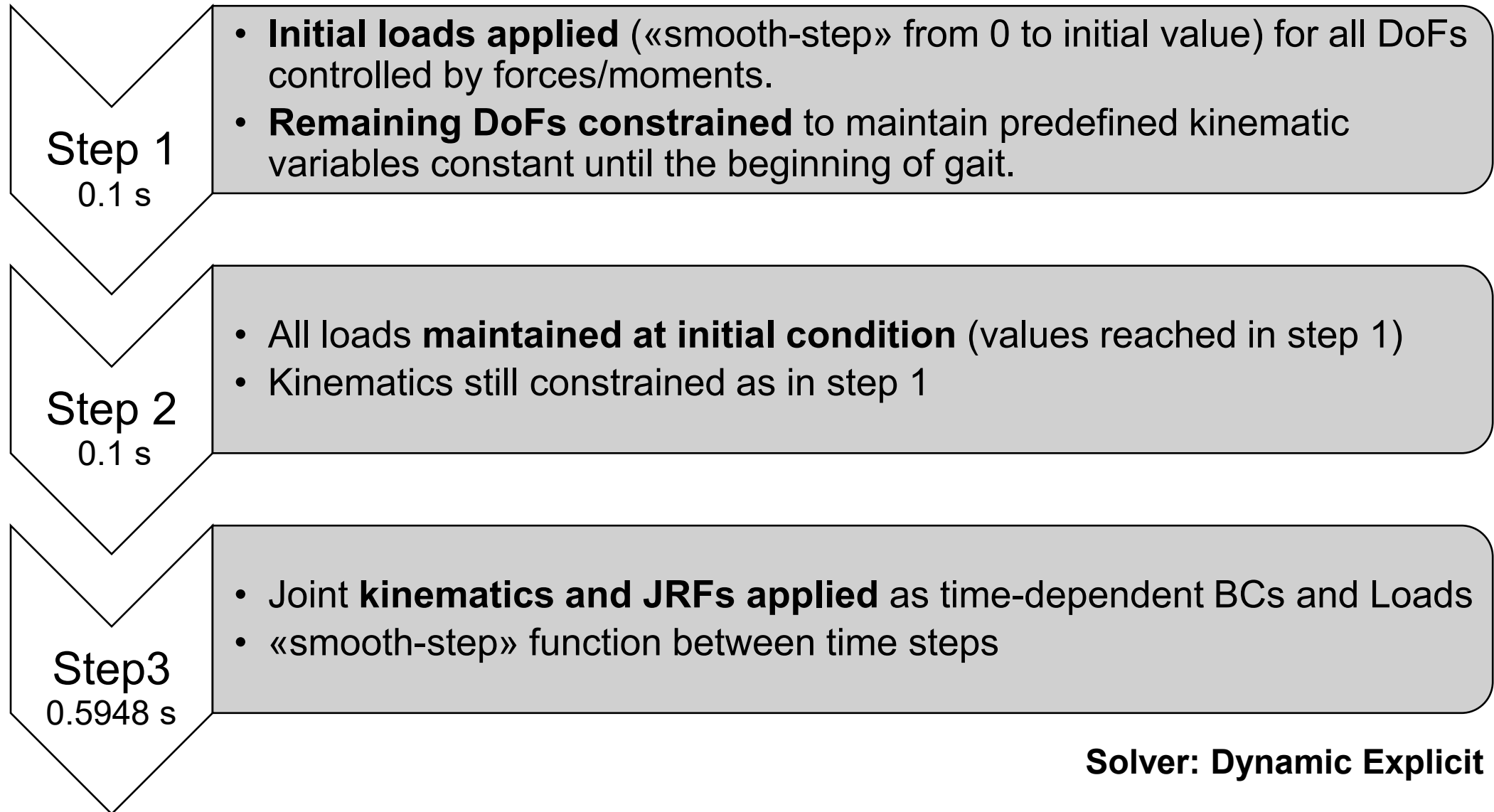
Methods – FE Simulation: BCs & Loads



Methods – FE Simulation: BCs & Loads

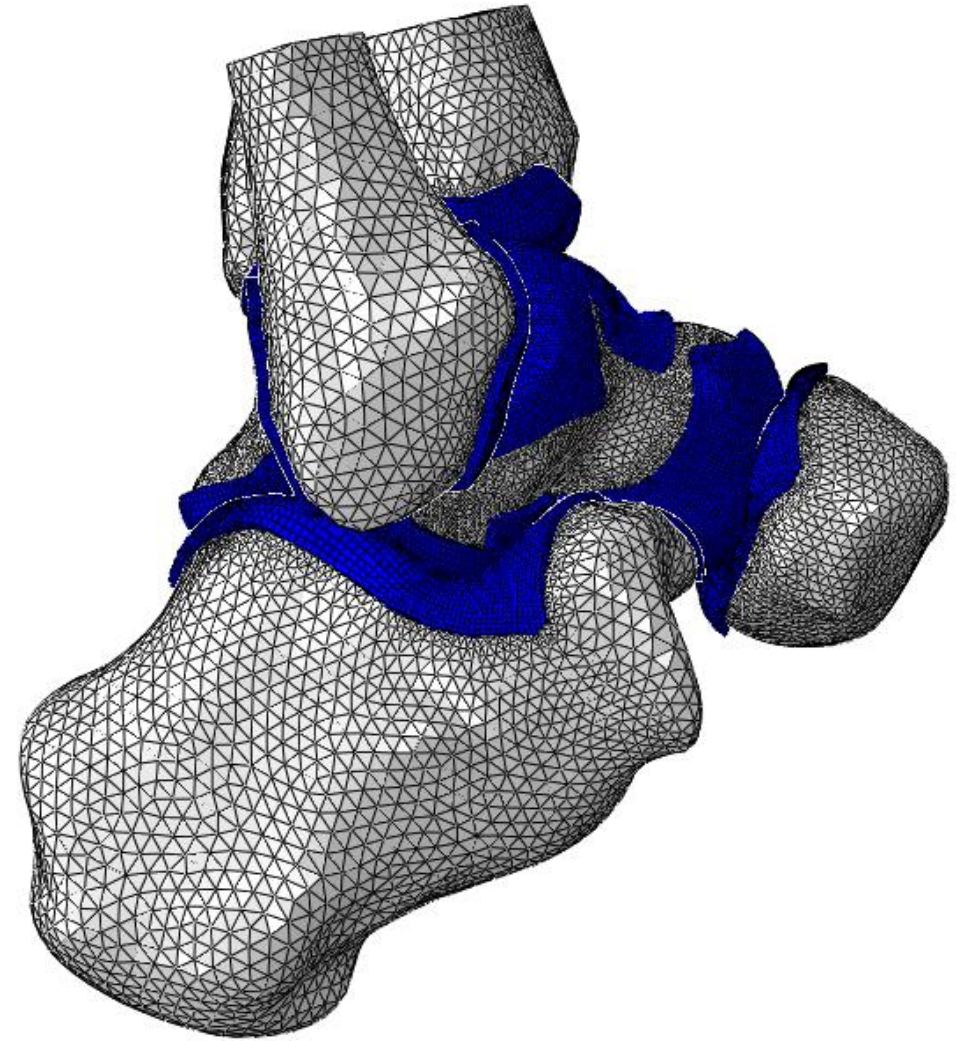
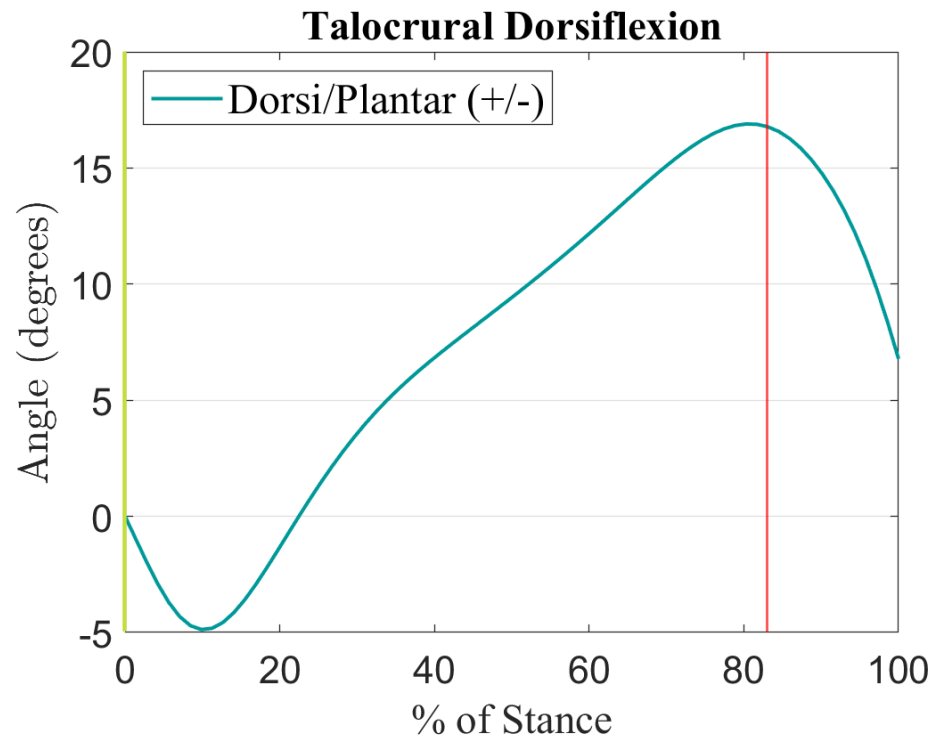


Methods – FE Model: Steps

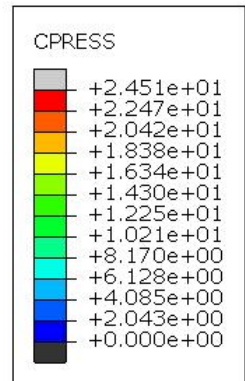


Solver: Dynamic Explicit

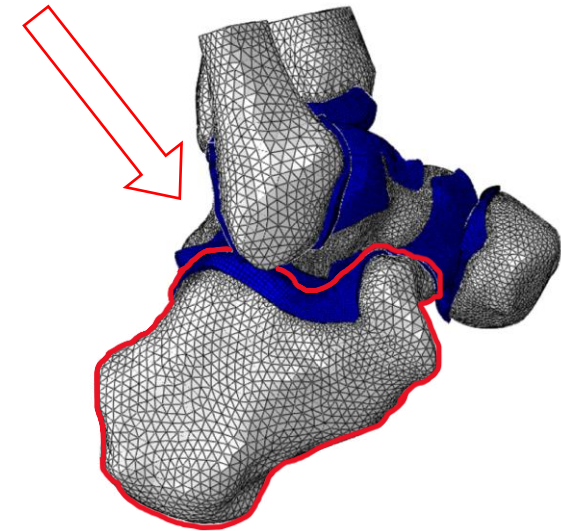
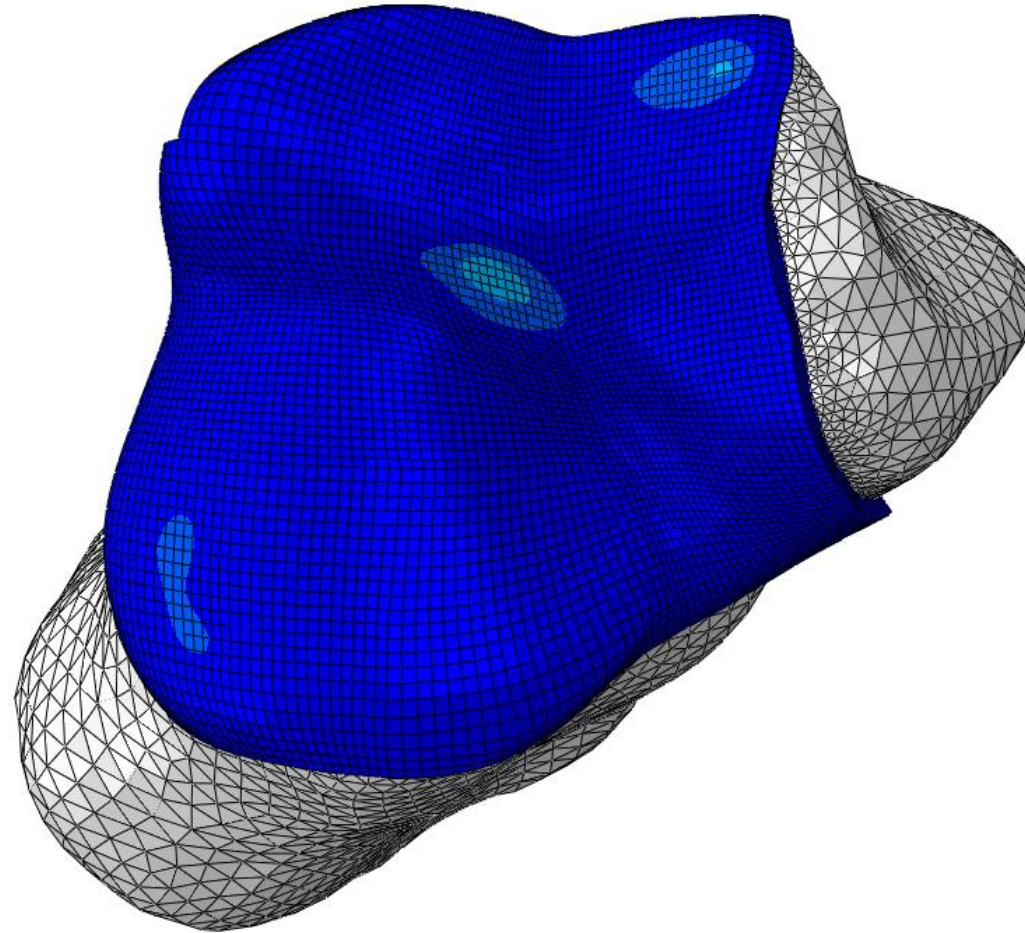
Results – Biological Model Simulation



Results – Contact Patterns



Calcaneus



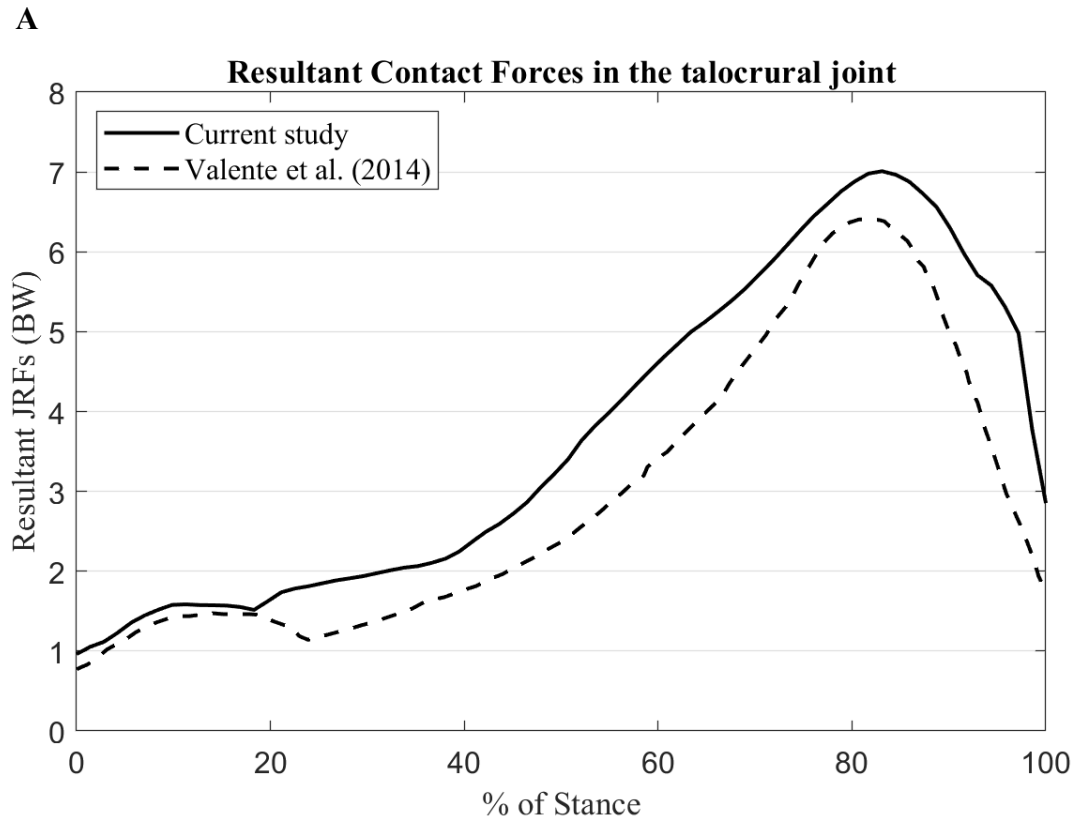
0%

% Stance Phase

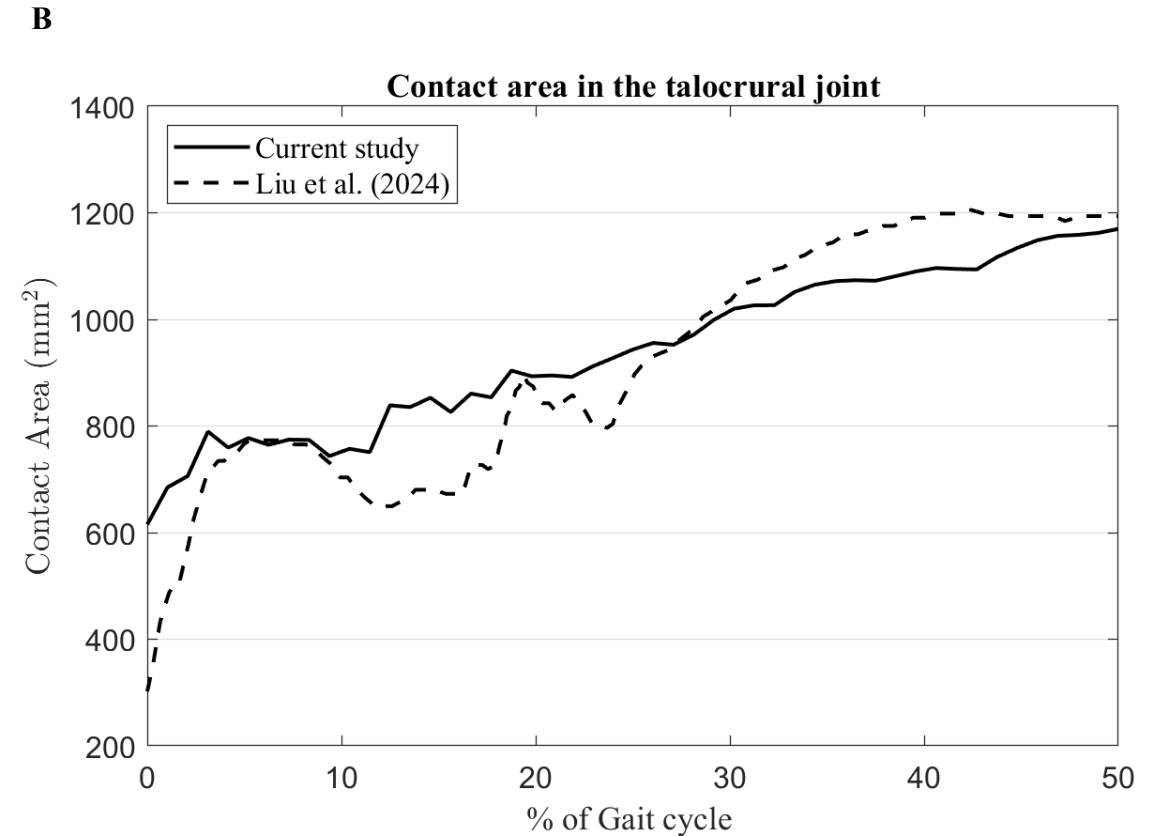
83%

Results – Models Validation

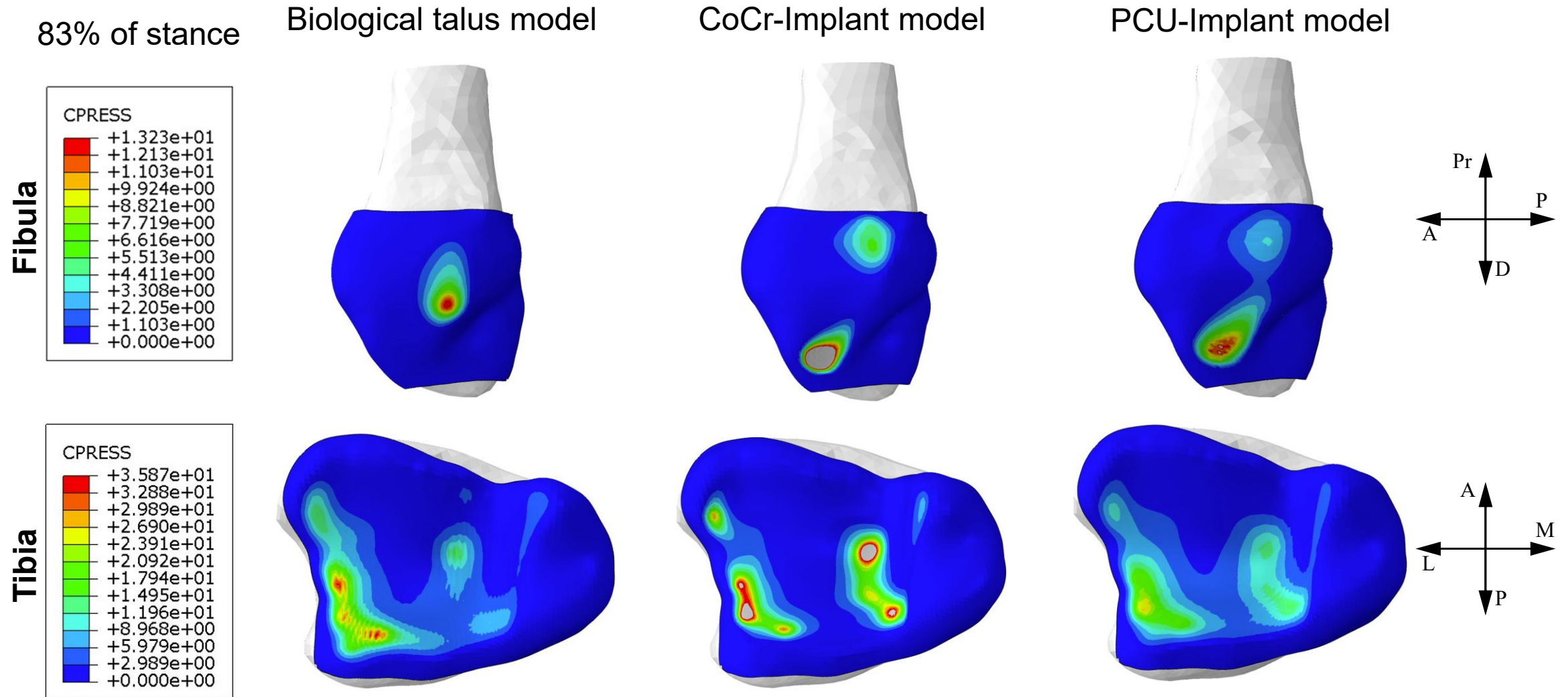
MSK Model



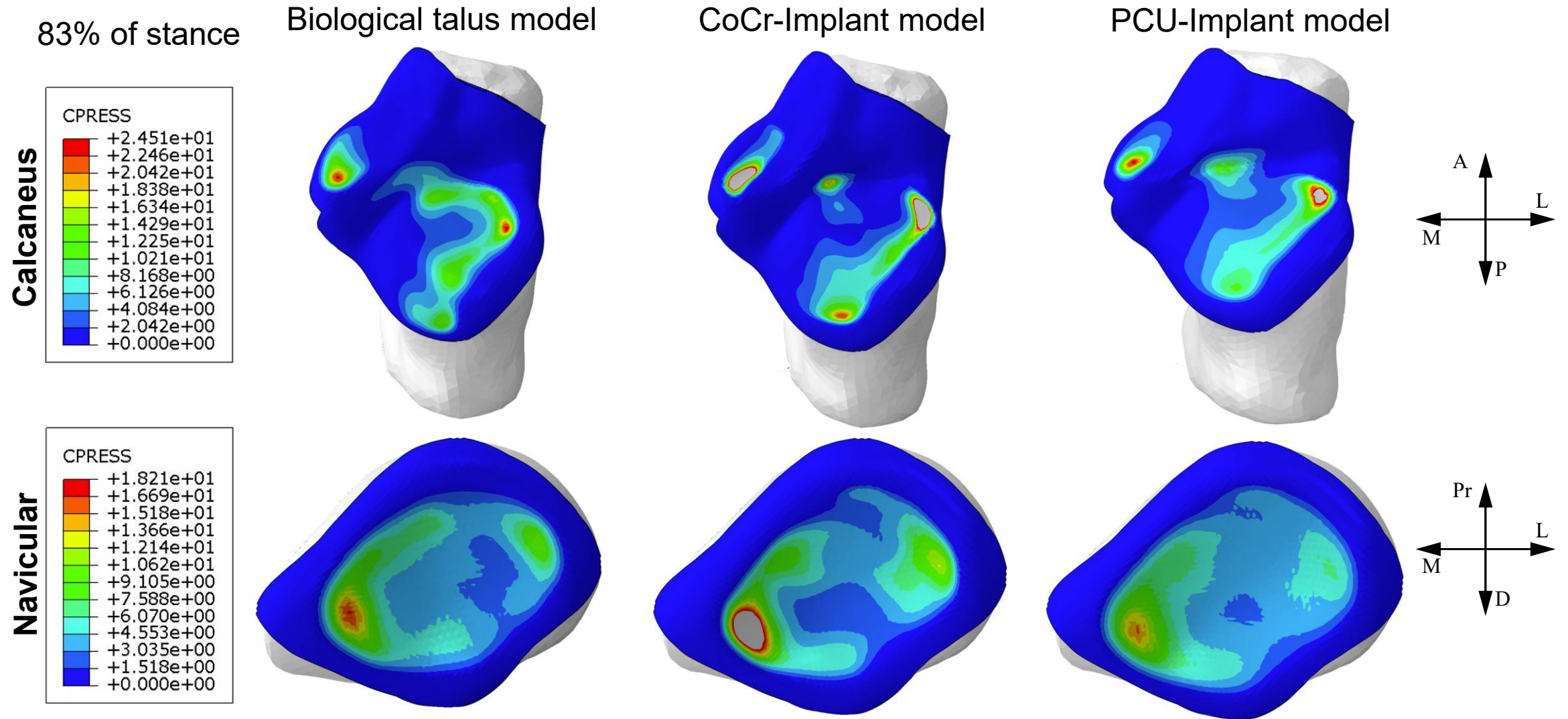
FE Model



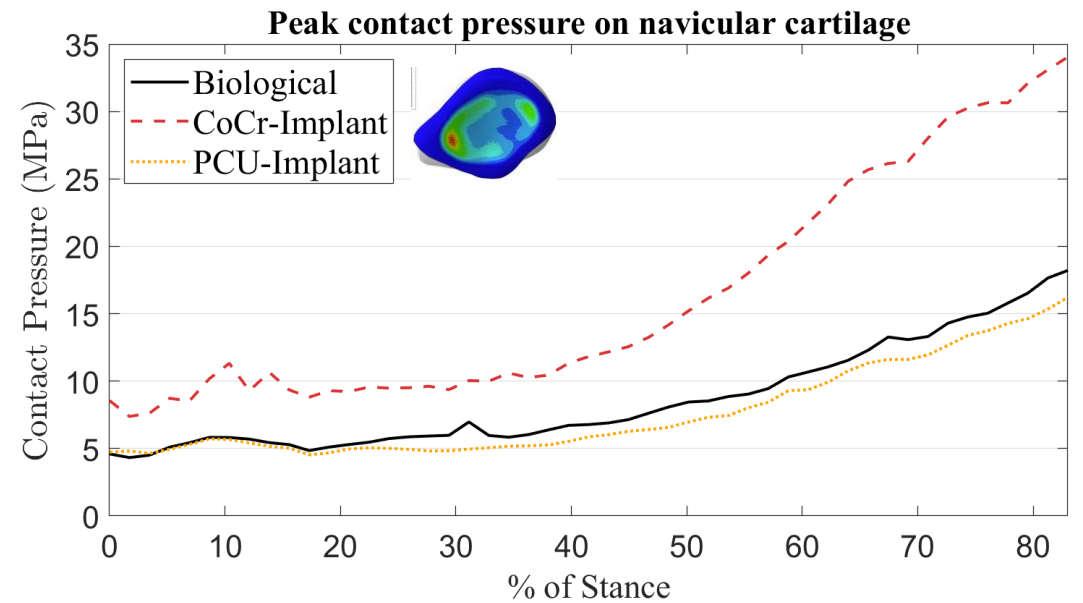
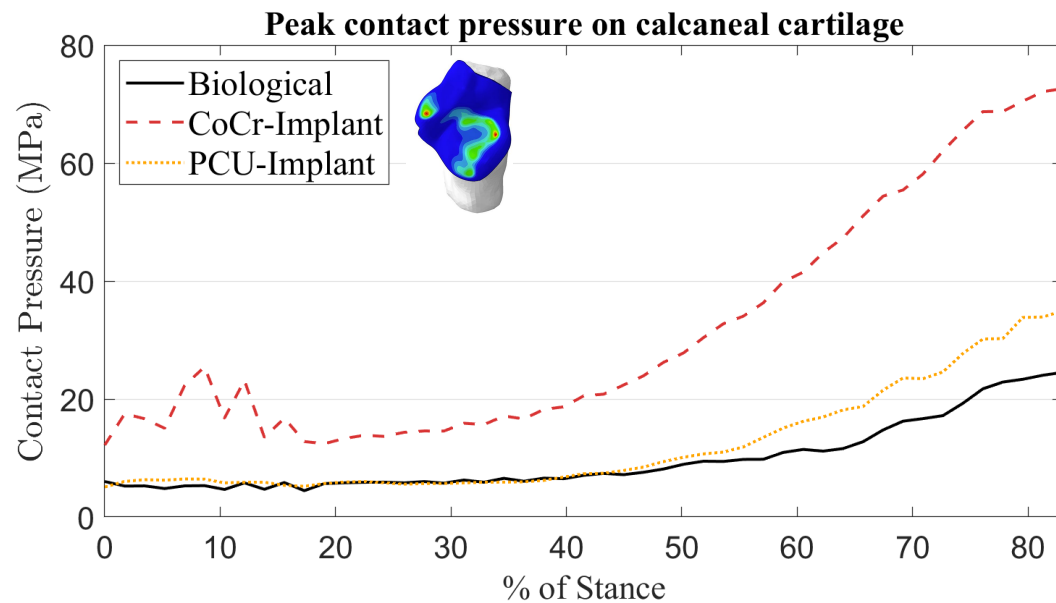
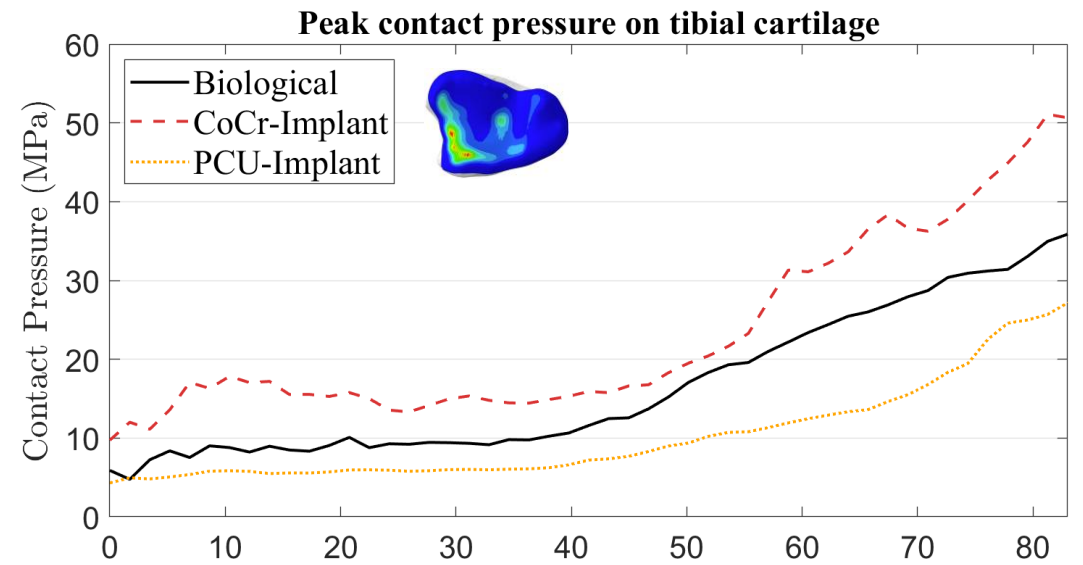
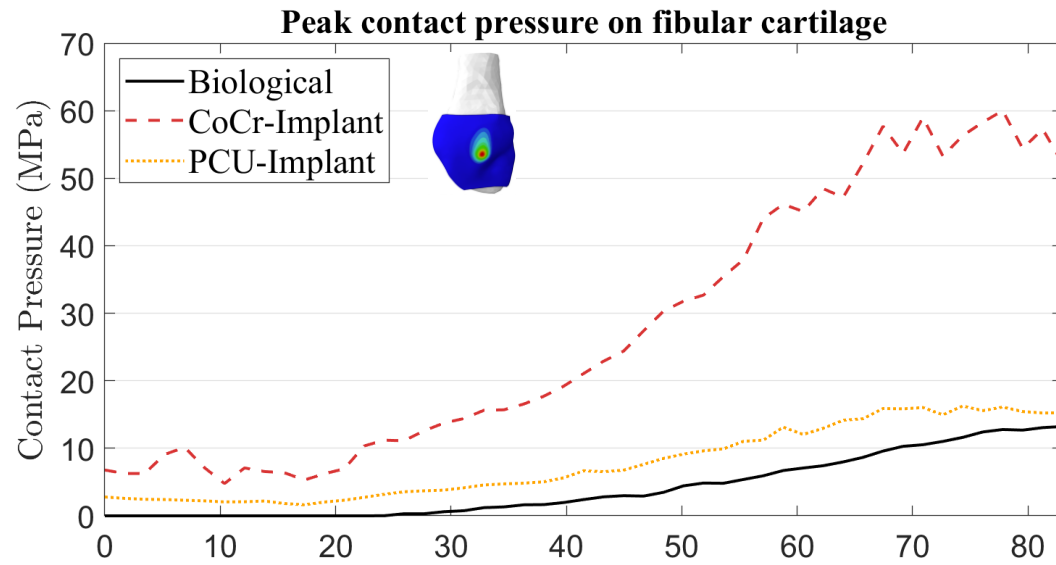
Results & Discussion – Contact Patterns



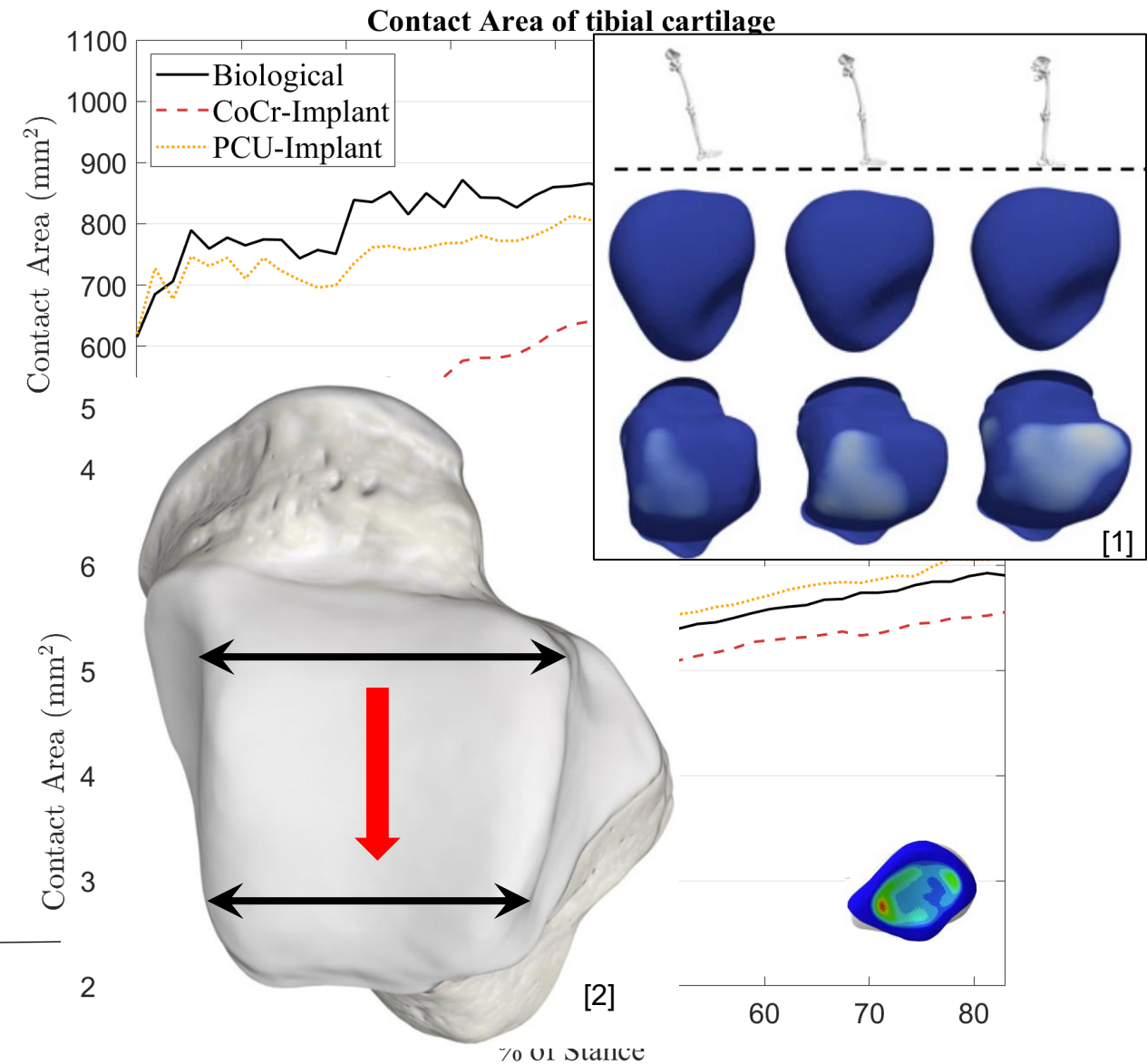
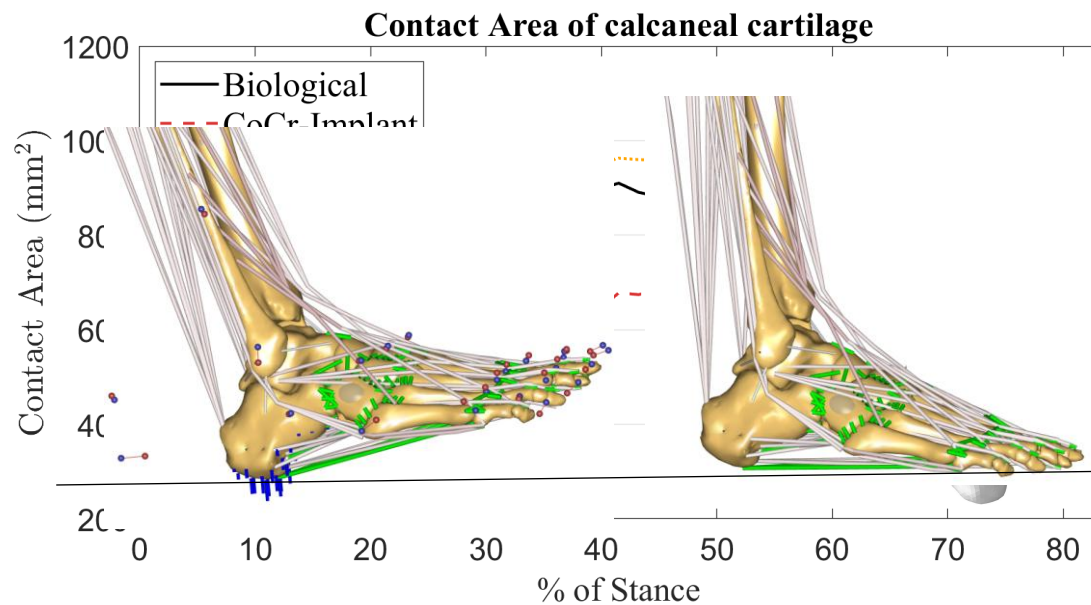
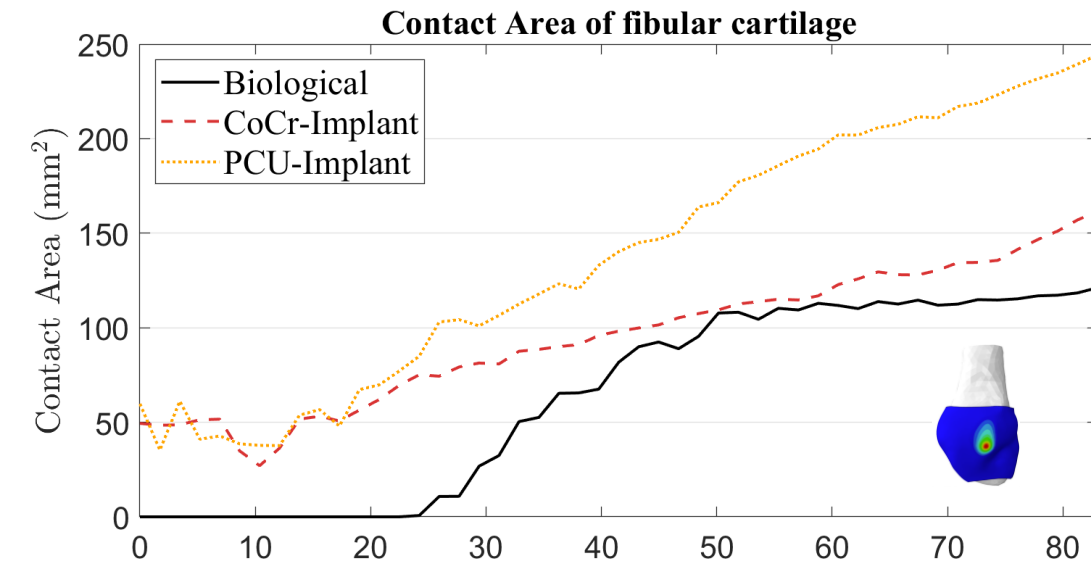
Results & Discussion – Contact Patterns



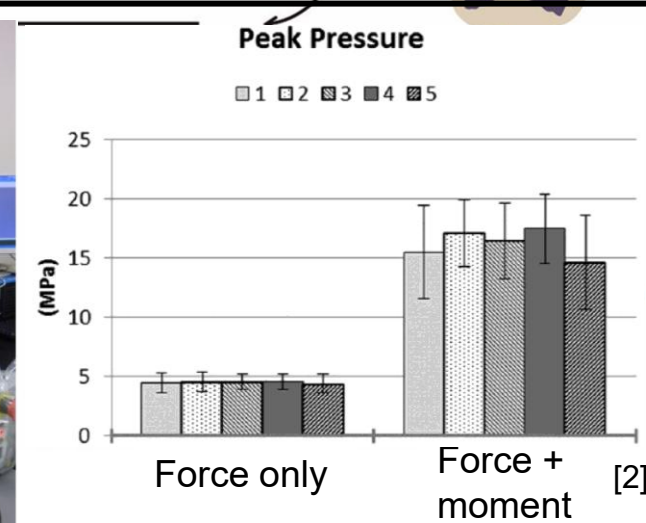
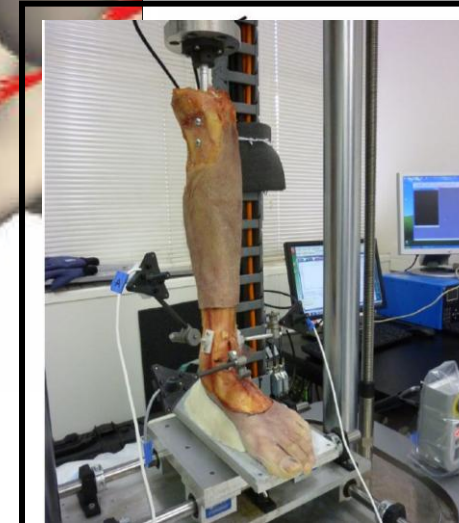
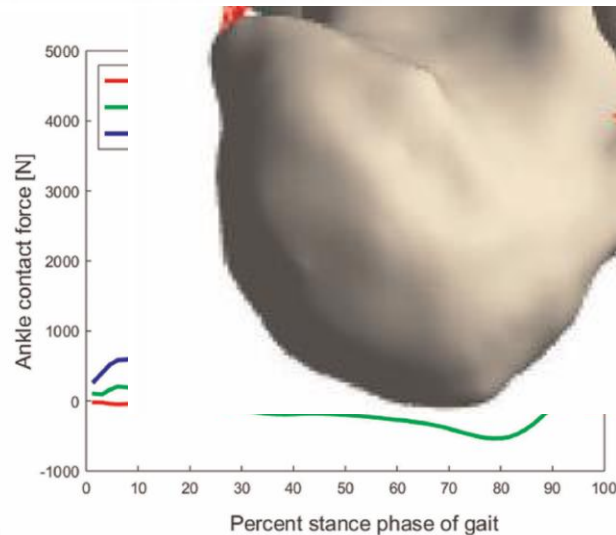
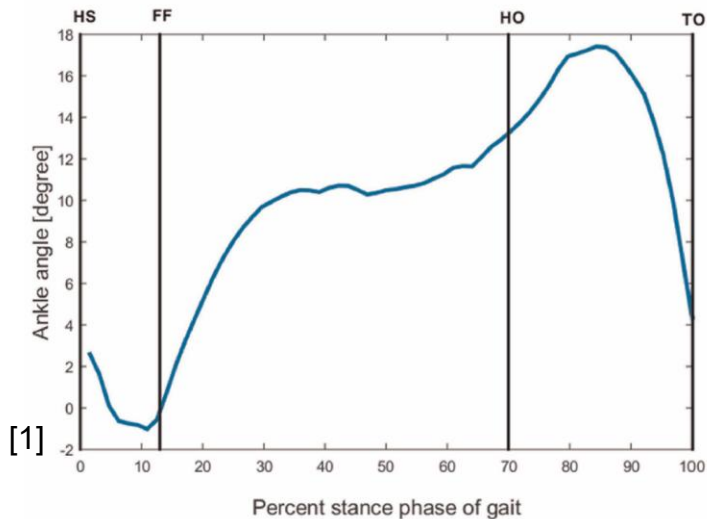
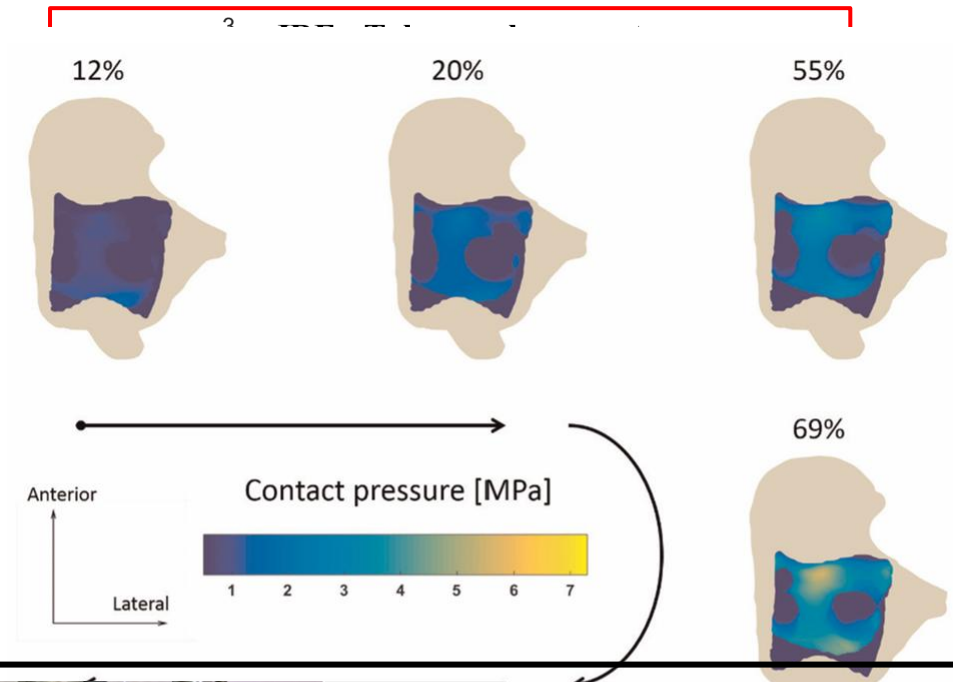
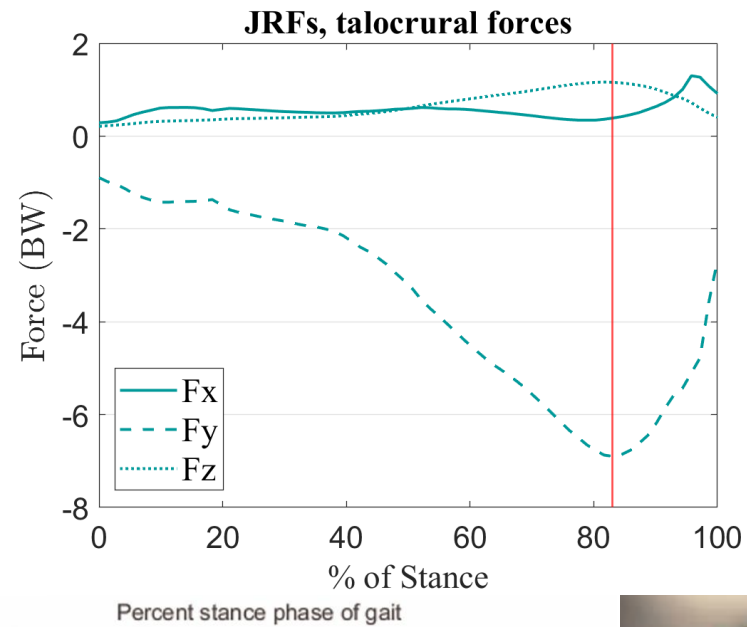
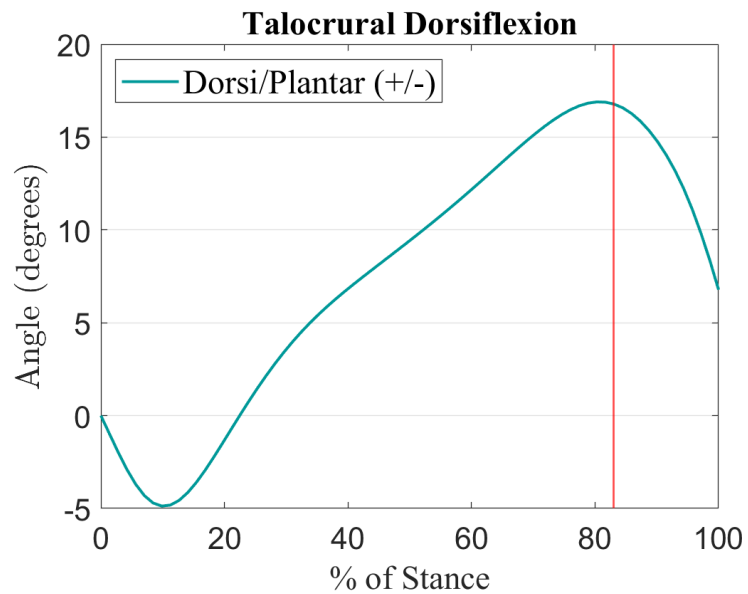
Results & Discussion – Peak Contact Pressure



Results & Discussion – Contact Area

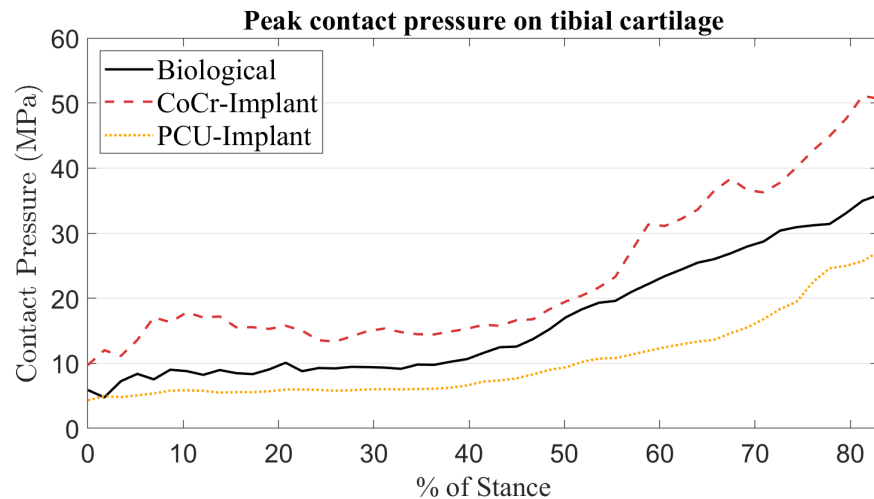
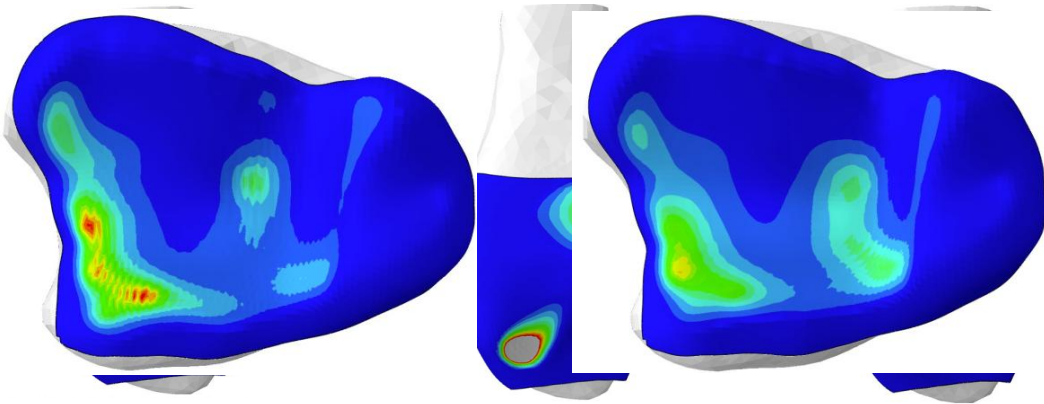


Results & Discussion – Comparison to Literature

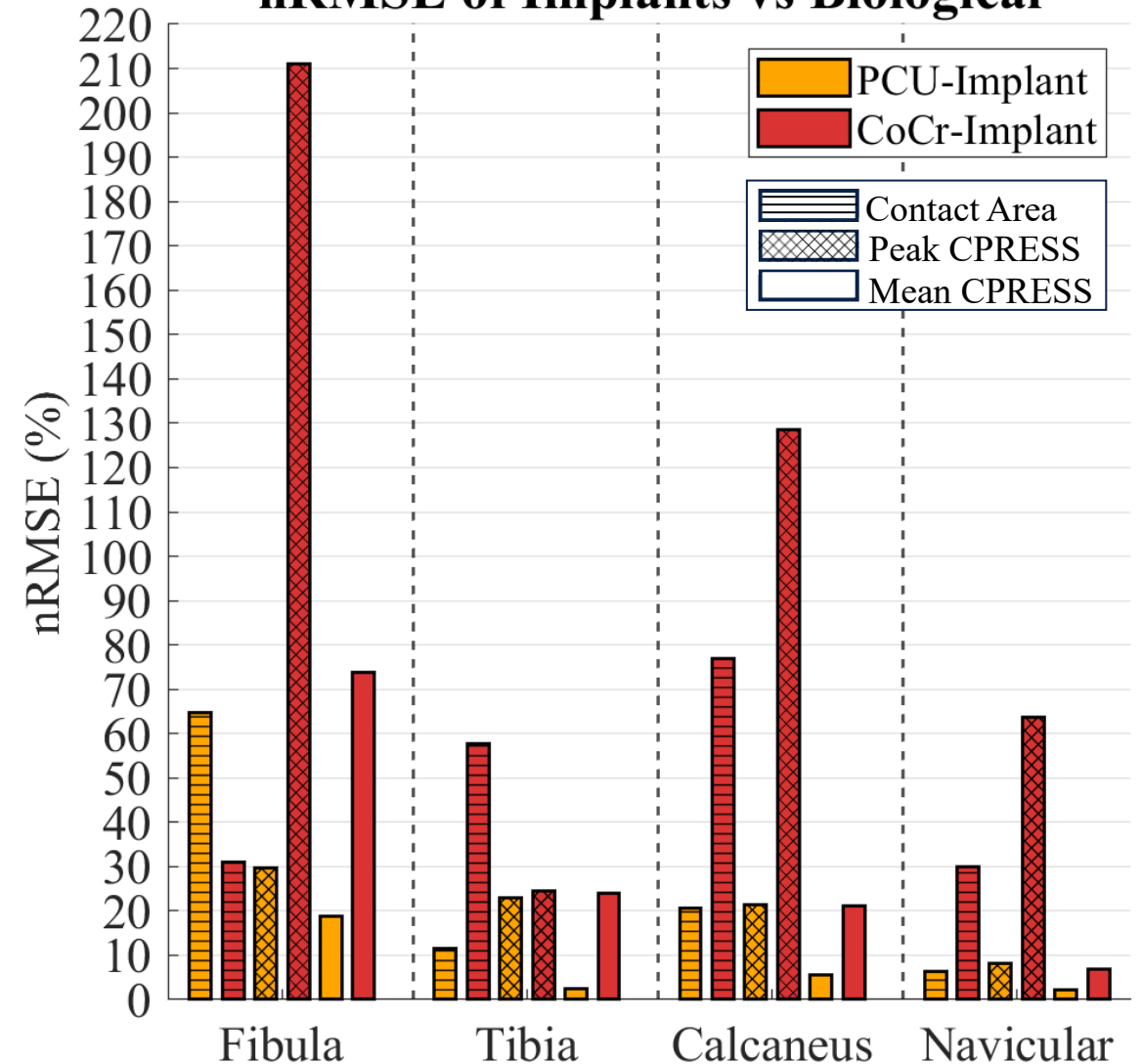


Results & Discussion – nRMSE Analysis

PCU generally decreases contact pressures and increases contact areas



nRMSE of Implants vs Biological



Results & Discussion – Summary

Contact pressure and area increase from heel-strike to heel-rise

The **fibula plays little role** in the biological ankle **from heel-strike to flat-foot**

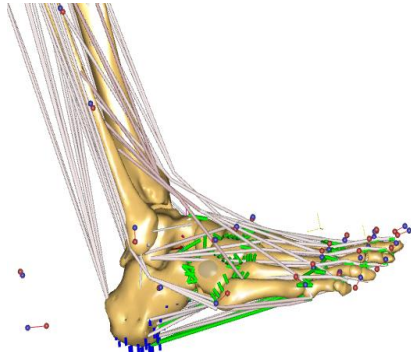
The **universal implant geometry partially replicates the contact pattern** on surrounding cartilages

In the talocrural joint, **for the implant models, the fibula transfer more load** compared to the biological

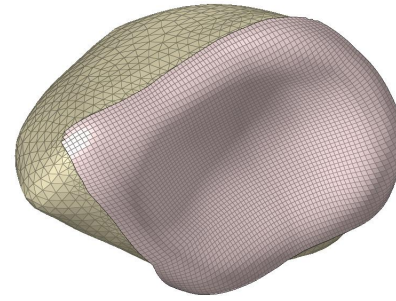
CoCr-Implant resulted in the highest peak pressures and smallest contact areas

The addition of a compliant **PCU layer mitigates the difference**

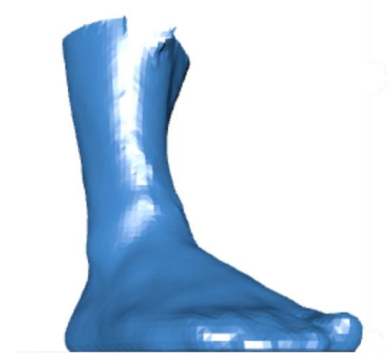
Limitations & Outlook



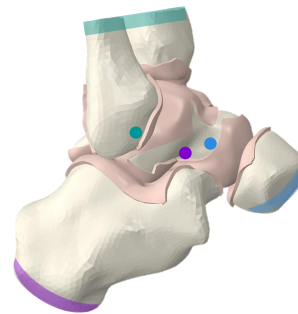
1. Sample Size



2. Cartilage definition

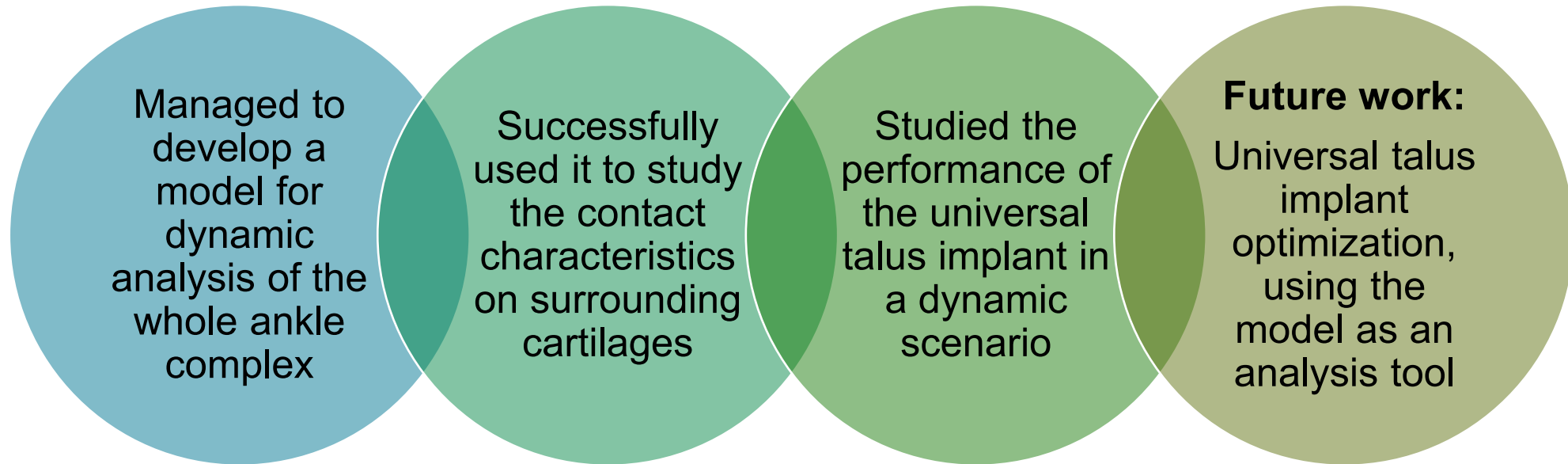


3. Soft tissues



4. DoFs control

Conclusion & Take-home Message



Thank You:

- **Co-authors: Stephen J. Ferguson, Ahmed H. Hafez, Naod T. Mogos, Tao Liu, Marwan El-Rich**
- **ETH Zurich & Khalifa University**
- **AnyBody Technology**



Foot Model Updates

Upcoming updates to AMMR4



Highlights

- Integration of Glasgow-Maastricht (GM) Foot model in AMMR4
 - Rigid foot
 - Toe flexion model
 - Full-blown detailed foot model
- GM Rigid foot becomes the new default foot for Twente Lower Extremity Model (TLEM) leg model
 - Option to go back to TLEM foot
- New class template to drive toe flexion model



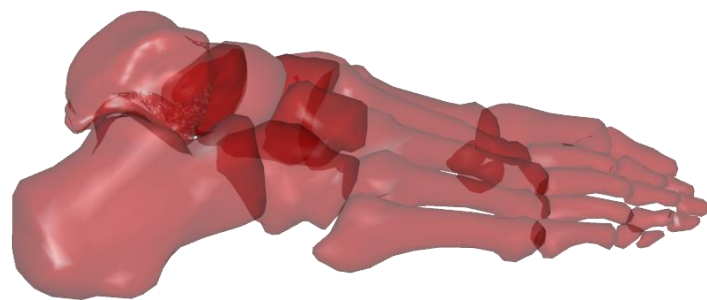
Merge of GM and TLEM foot

TLEM

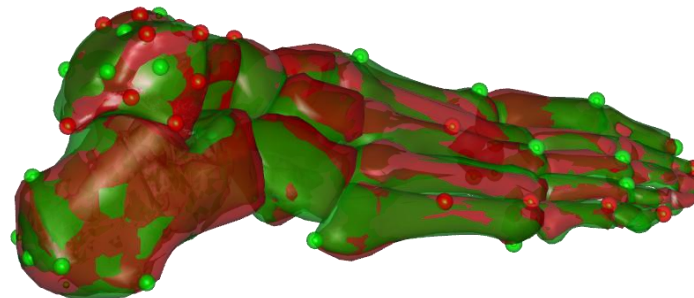
- Complete leg model
- Joint parameters
- Extrinsic muscles

GM

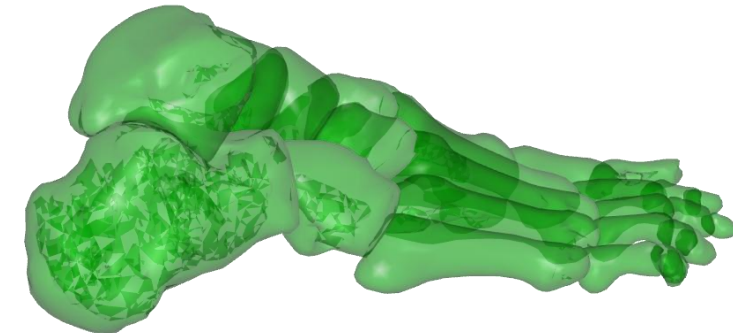
- Detailed geometry of foot
- Muscle parameters
- Intrinsic foot muscles



TLEM



GM morphed to TLEM



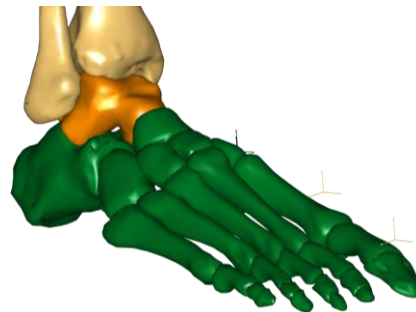
GM

Morphed to
TLEM

Variants of GM Foot model

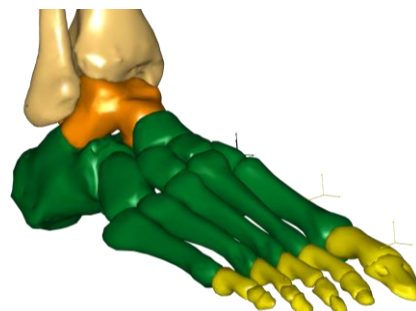
Rigid foot model (default):

- 2 segments
- Talus + rigid part



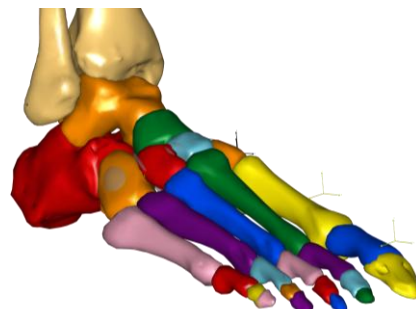
Rigid foot with toe flexion:

- 3 segments (technically 7!)
- Talus + rigid part + linked toe flexion
- Improved fidelity of foot motion in mocap trials – even without toe tip marker!



Detailed foot model:

- 26 segments
- Full blown model for research



Rigid Foot



Toe Flexion

How to work with GM Foot

- Early access to AMMR 4 – Beta on [GitHub](#)
 - [Migration guide](#)
- Foot model [documentation](#) page
- Foot model [configuration](#) switches.
- Application examples:
 - [BVH toe flexion](#)
 - [C3D toe flexion](#)
 - [Full-blown detailed](#) GM foot mocap example
- [Class template](#) for driving toe flexion without toe tip marker.

Questions

Meet us

- Send email to sales@anybodytech.com

Trial version

- Send email to sales@anybodytech.com

Presentation questions

- Send email to dsc@anybodytech.com

Thank you for your
attention!

